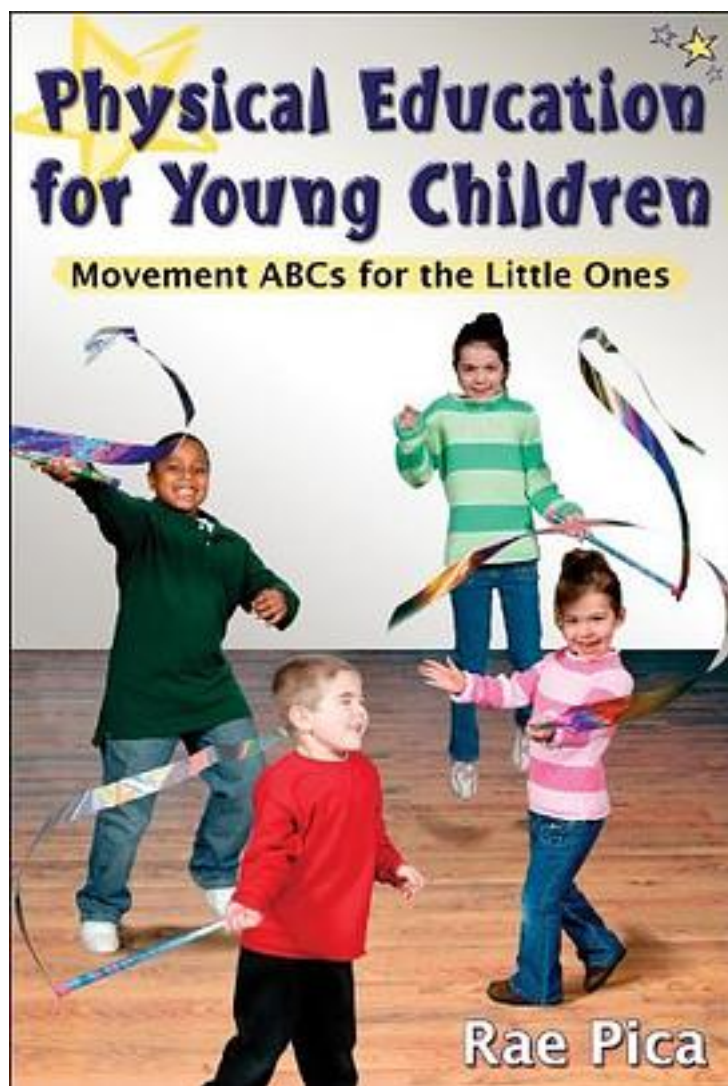


Physical Education for Young Children



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The main focus of this book lies squarely where it needs to be: on the fundamentals. The book provides teachers with the tools for following a logical progression of movement skills, including the ABCs of movement, body-part identification, and non-locomotor, locomotor and manipulative skills. The book gives an awareness of the elements of movement: space, shape, time, force, flow and rhythm and an understanding of the developmental differences between younger students and their older counterparts. Guidance is given in understanding the unique needs of 4 to 8 year-olds and writing developmentally appropriate lesson plans to meet those needs while making connections across the curriculum. In addition, the book offers guidance in teaching across subject areas to provide an interdisciplinary approach, it also offers sample lesson plans to meet the unique needs of the little ones and lists resources for children's music, equipment and props. Through this book, PE teachers will no longer have to ask what to do with younger children. They will be able to build a physical education curriculum that serves the unique needs of this specific age group.

作者介绍:

目录:

[Physical Education for Young Children_下载链接1](#)

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