

A Mind Apart



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"Much madness is divinest sense," wrote Emily Dickinson, "And much sense the
starkest madness." The idea that poetry and madness are deeply intertwined, and that
madness sometimes leads to the most divine poetry, has been with us since antiquity.
In his critical and clinical introduction to this splendid anthology--the first of its
kind--psychiatrist and poet Mark S. Bauer considers mental disorders from multiple
perspectives and challenges us to broaden our outlook. He has selected more than
200 poems from across seven centuries that reflect a wide range mental states--from
despondency and despair to melancholy, mania, and complete submersion into a
world of heightened, original perception. Featuring such poets as George Herbert,
John Clare, Samuel Taylor Coleridge, John Berryman, Sylvia Plath, Ann Sexton, Weldon
Kees, Lucille Clifton, Jane Kenyon, and many others, *AMind Apart* has much to offer
those who suffer from mental illness, those who work to understand it, and all those
who value the poetry that has come to us from the heights and depths of human
experience.

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