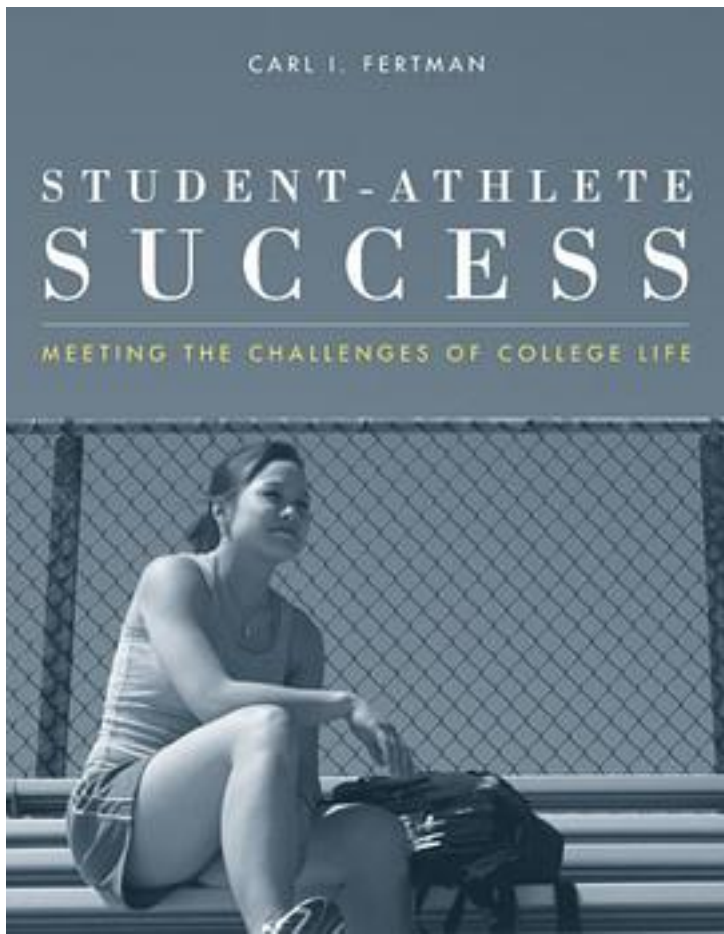


Student Athlete Success



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Student-Athlete Success: Meeting Challenges of College Life is an important guide for student athletes and undergraduate students preparing to work with student-athletes at the college or secondary level, as well as coaches, parents, and athletic directors.

This reader friendly text provides comprehensive coverage of the many challenges student-athletes will face and the skills needed to address their unique needs and anxieties. Utilizing a positive voice, the author focuses the text on student-athletes personal capabilities and accomplishments in the classroom and during athletic competition before discussing different types of challenges student-athletes are likely to encounter. The text emphasizes the techniques needed to accurately assess an individual s health behavior and provides the resources to ensure student-athlete s remain successful on the playing field and in the classroom.

作者介绍:

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