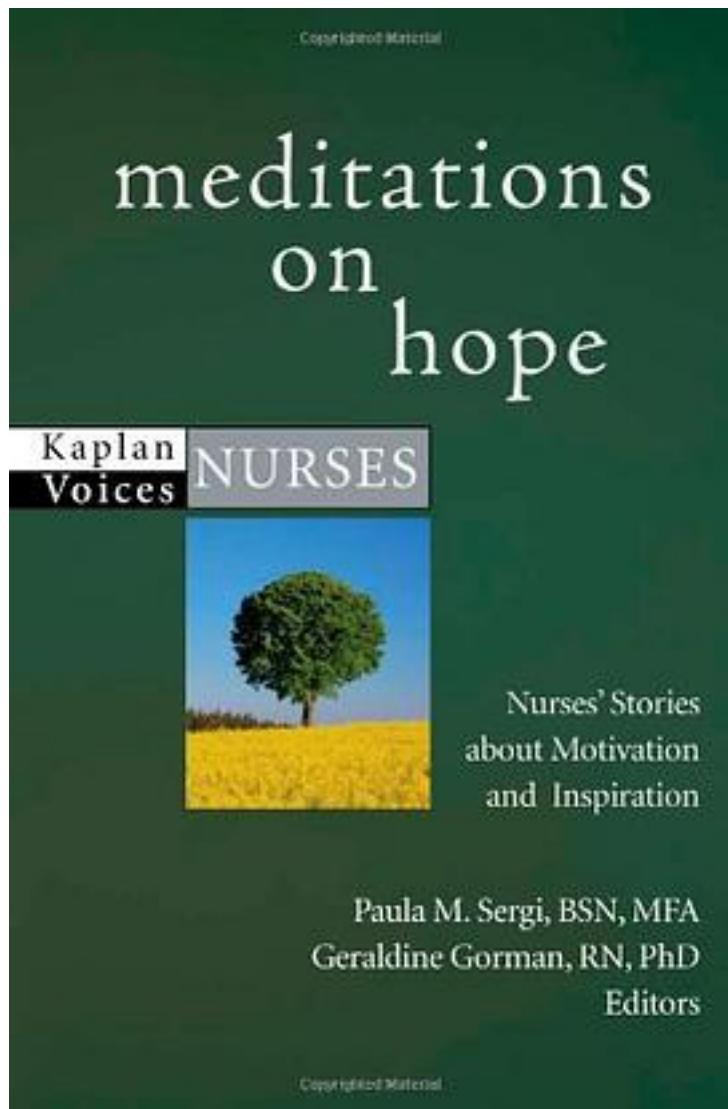


Meditations on Hope



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出版者:

出版时间:2008-10

装帧:

isbn:9781427798244

There are over three million nurses in the United States who deal with a multitude of issues every day, from patient suffering and death to the stress of dealing with insurance companies. With a growing shortage of nurses, finding inspiration and keeping hope alive is necessary for nurses to keep up their morale and to have a good quality of life outside of the workplace. In *Meditations on Hope*, nurses from a variety of specialties share their tales of staying positive and focused, maintaining hope in the face of patients' suffering, triumphing over tragedy, overcoming adversities and challenges, and developing relationships that bring hope, understanding, and healing to themselves and their loved ones. Nurses—from hospitals, private practices, and in home health care—tell about how they keep their faith and hope in the healing process, in the face of patients' suffering. Hear from people new to the field as well as those who have been in nursing for decades about the cases that have buoyed their spirits and those that require their greatest reserve of strength.

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