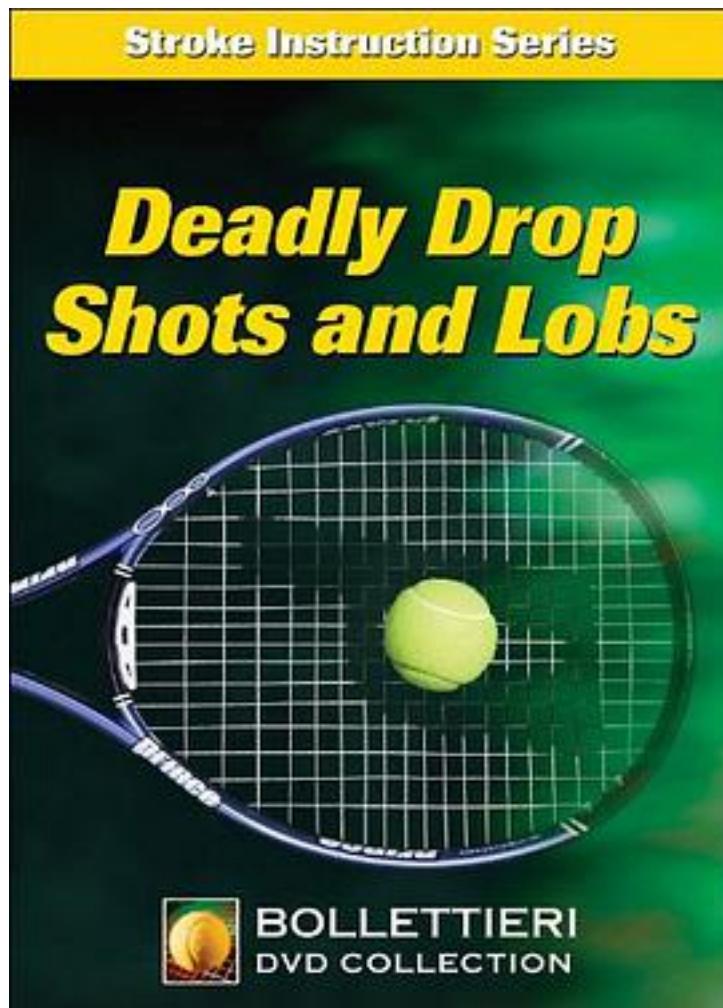


Deadly Drop Shots and Lobs DVD



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著者:Bollettieri Inc

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The drop shot and lob are two of the most underrated and underutilized shots in

tennis. Learn techniques for mastering these specialty shots to undermine the opponent's baseline attack. Nick Bollettieri teaches you why, when, and how to use both shots to add another dimension to your game. Included are examples of strategic shot patterns, along with drills to perfect these valuable shots. Part of the 10-disk Bollettieri DVD Collection, "Deadly Drop Shots and Lobs" is one of six DVDs that focus on superior technique for the essential strokes.

作者介绍:

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