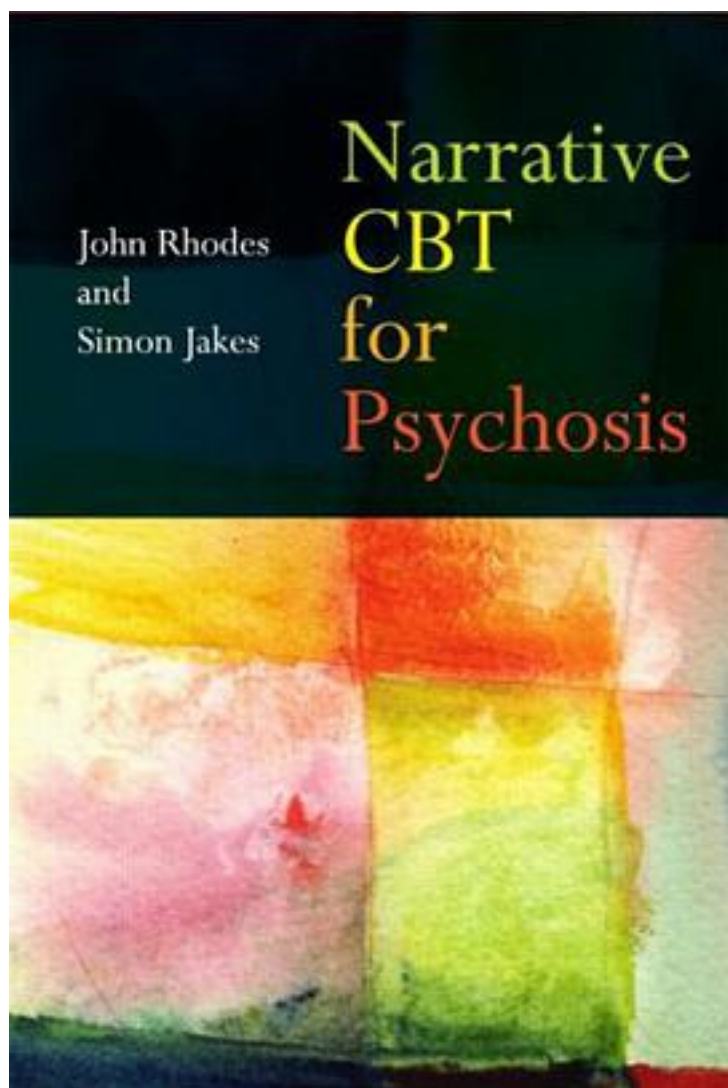


Narrative CBT for Psychosis



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出版者:

出版时间:2009-3

装帧:

isbn:9780415407304

Designed to meet the complex needs of patients with psychosis, Narrative CBT for Psychosis combines narrative and solution-focused therapy with established techniques from CBT (cognitive behaviour therapy) into one integrated flexible approach. In this book John Rhodes and Simon Jakes bring the practitioner up-to-date, as treatment and practice evolve to draw on other therapeutic approaches, creating an approach which is client centred and non-confrontational. The book contains many tried and tested practical ideas for helping clients, with several chapters including detailed and illuminating case studies. Areas of discussion include: how to work with delusions, voices and visions working with core beliefs an exploration of narratives of past difficulties and traumas recovery and ending therapy Narrative CBT for Psychosis will be essential reading for all mental health professionals who deal with psychosis who wish to learn a new approach.

作者介绍:

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