

Stepping Out



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Stepping Out invites the casual walker to put on a light pack, lace up a pair of hiking boots, and set off on a journey through the countryside. Brimming with useful advice and helpful hints, and packed with engaging stories and anecdotes, it uncovers the delights and pleasures of traveling on one's own two feet. With a comfort-loving author as your guide, the reader will discover the ""how to,"" the ""what it's like,"" and the ""why you'll love it"" aspects of long-distance walking in Great Britain and beyond. With wit and wisdom, this candid, lighthearted guide speaks to everyone who has ever been tempted to walk a little further, for a little longer, on an unfamiliar path.

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