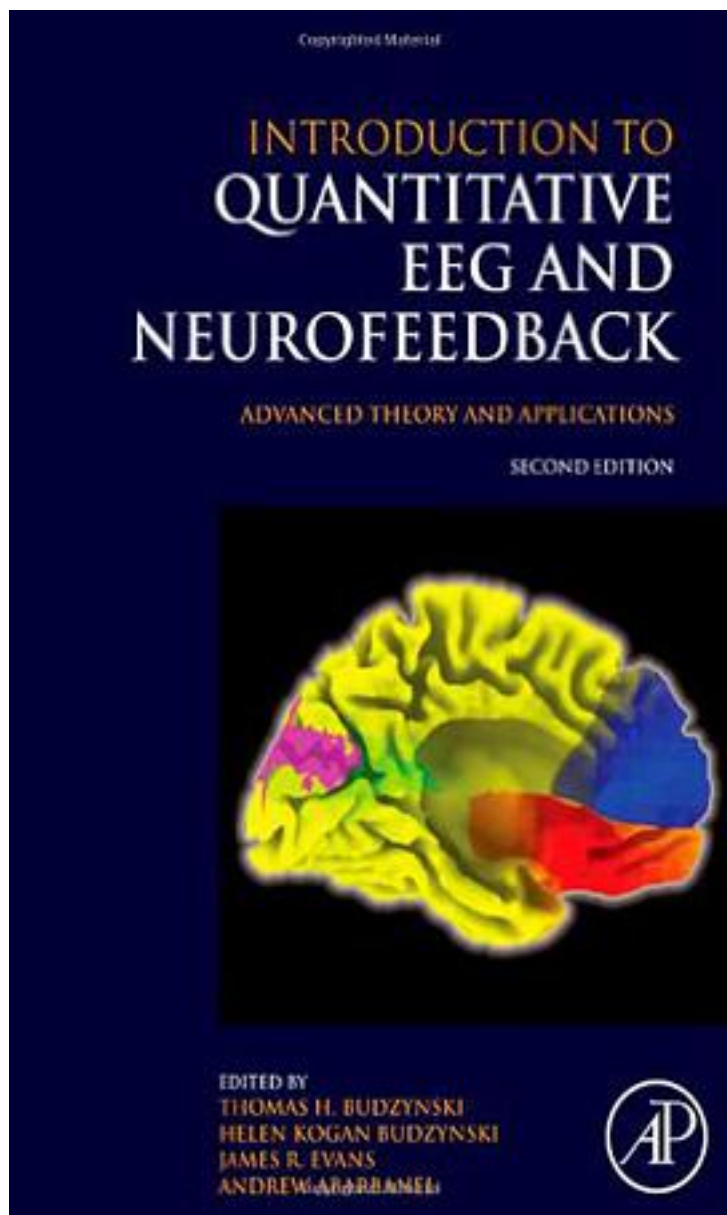# Introduction to Quantitative EEG and Neurofeedback, Second Edition

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著者:Budzynski, Thomas H. (EDT)/ Budzynski, Helen Kogan (EDT)/ Evans, James R. (EDT)/ Abarbanel, Andrew (EDT)

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The study of Quantitative EEGs and Neurofeedback offer a window into brain physiology and function via computer and statistical analyses, suggesting innovative approaches to the improvement of attention, anxiety, mood and behavior. Resources for understanding what QEEG and Neurofeedback is, how they are used, and to what disorders and patients they can be applied are scarce, and this volume serves as an ideal tool for clinical researchers and practicing clinicians, providing a broad overview of the most interesting topics relating to the techniques. The revised coverage of advancements, new applications (e.g. Aspberger's, music therapy, LORETA, etc.), and combinations of prior approaches make the second edition a necessary companion to the first. The top scholars in the field have been enlisted and contributions will offer both the breadth needed for an introductory scholar and the depth desired by a clinical professional.

*Detailed new protocols for treatment of anxiety, depression, ADHD, and PTSD

*Newest protocol in Z-score training enables clinicians to extend their practices

*LORETA diagnostic tool lets the clinician watch for changes deep in the brain through working with surface EEG patterns

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