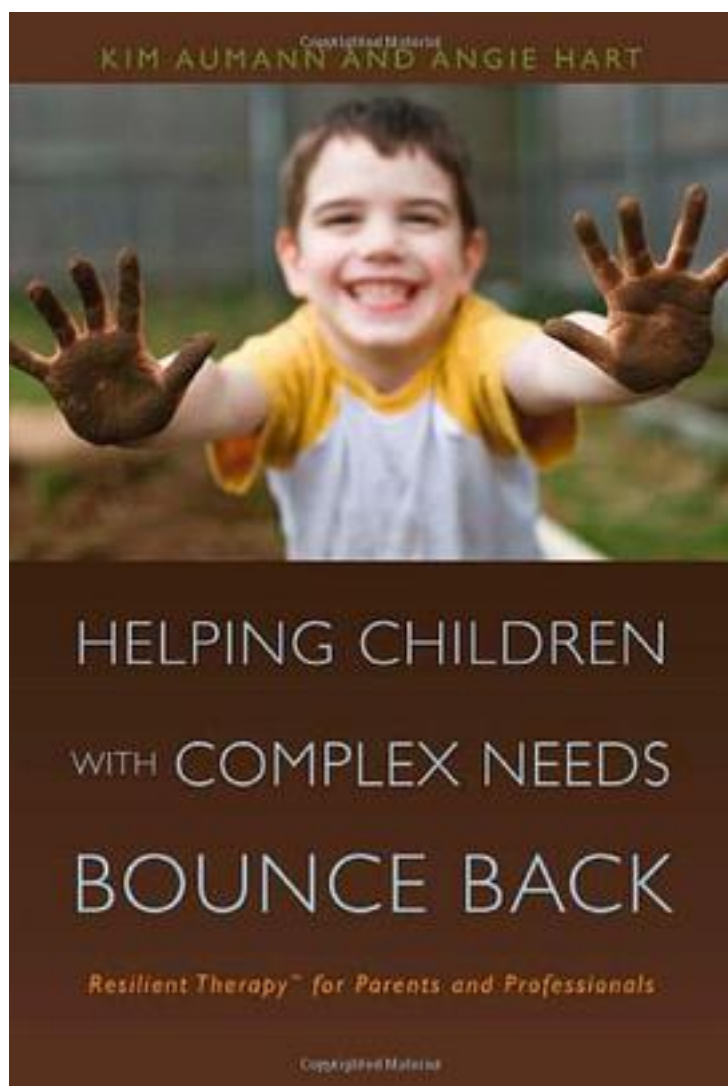


Helping Children with Complex Needs Bounce Back



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著者:Aumann, Kim/ Hart, Angie

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Bringing up a special child can leave parents feeling deskilled, disarmed and worn down. A resilient child has the ability to cope with challenging situations, and the capacity to bounce back from trauma and gain long-term strength from these life experiences.

Resilient Therapy is an innovative way of strengthening the character of children with complex needs. This is a tried-and-tested handbook for parents to read from cover to cover, or dip in and out of as needed. Accessible and fun, Helping Children with Complex Needs Bounce Back includes exercises and worksheets, as well as breaking down the principles of the latest research, making them easy to apply to everyday situations.

This 'magic box' of ideas and remedies is perfect for parents and carers, friends and families of children with special needs, as well as professionals working with disadvantaged children.

作者介绍:

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