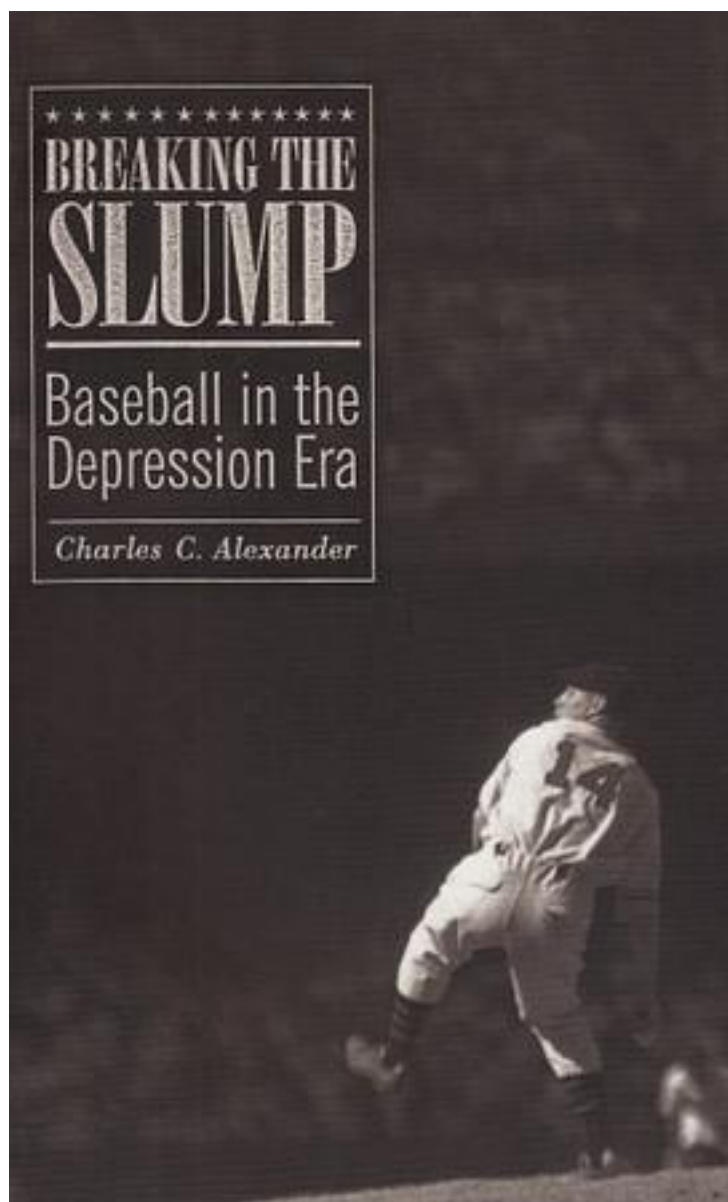


Breaking the Slump



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著者:Roberts, Jimmy

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For many of us, golf could be defined as long periods of aggravation, punctuated by brief but dazzling moments of clarity and reward. But when those brief, satisfying moments disappear, when the ball seems to have a mind of its own, when our well-grooved swings suffer a complete and total collapse, we find ourselves in that panicked state known as a 'slump'. The wonderful and terrifying thing about golf is that, regardless of skill level, a slump can, and does happen to anyone. Show me a golfer who hasn't endured a slump and I'll show you a tennis player. Here, for the first time ever, is a book about some of the worst times in the careers of some of the most successful people to ever play the game--and how they dug themselves out. There are hundreds of golf instructional books, but this is likely the first solely devoted to dealing with the most common malady that affects golfers of all levels: the slump. Breaking the Slump tells the story of golf greats Jack Nicklaus, Arnold Palmer, Greg Norman, Johnny Miller, Tom Watson, Paul Azinger, Hal Sutton, Peter Jacobson, Mark Calcavecchia and Dottie Pepper among others, and celebrities such as Dan Jansen. Any golfer who has ever suffered the desperation of a game gone bad will find hope in stories like that of David Duval-British Open Champion and ranked Number 1 in the world who so lost his way that he plummeted to Number 660 before he started his climb back. What golfer can forget the lost season of Steve Stricker before he came back to almost beat Tiger Woods for the very first Fed Ex Cup title or Davis Love III's slide into golf mediocrity before he tried to claw his way back? Every golfer should keep this book in his or her locker. It's an emotional and spiritual first aid kit for anyone who plays the game because, like it or not, there are two kinds of golfers in this world: those who've suffered a debilitating slump and those who will suffer one sometime in their future.

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