

# A Guide to Russian Adoption

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*A Guide to Russian Adoption*  
Professional Counseling and Personal Insights  
— 32 —

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This is a guide to the Russian adoption journey, up to and beyond adoption day. This practical book explains the process of adopting a child from Russia, from first contact with a Russian agency through bonding with the adopted child back at home. The

author provides a resource that parents can carry along as they navigate the paperwork, the home assessment, court hearings, medical exams, and financial components of what can otherwise seem like an overwhelming process. Herself the adoptive parent of two sons from Russia, the author also details common issues families face as they acclimate their new child to their home, family, and culture. Aiming to break the process into manageable steps, she incorporates her own experience as a backdrop. Holding Degree's in both psychology and sociology, the author discusses sensitive issues regarding the child, which can include issues of abandonment, trust, and attachment, for which she presents methods adoptive parents can use to see the signs and cope. She also addresses misconceptions commonly held about adoptions from Russia, the country to which she travelled four times to adopt her sons. In addition to adoptive parents seeking children from any foreign country, this work will also appeal to students of counselling, family studies, social work, and family or child psychology.

作者介绍:

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