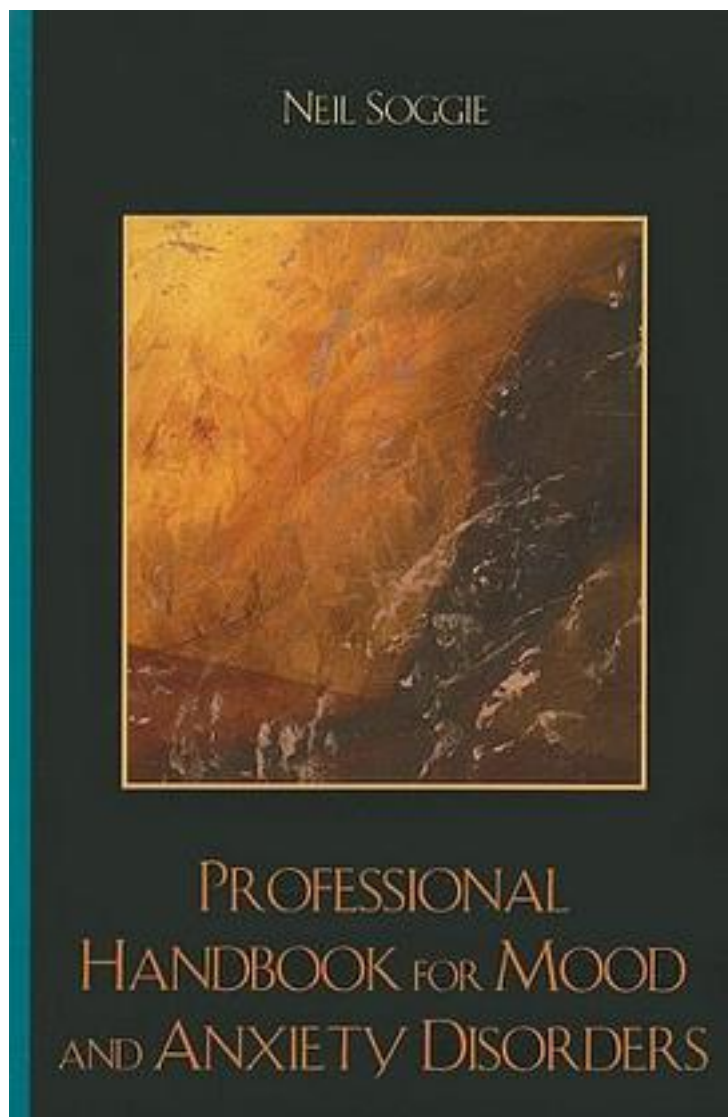


Professional Handbook for Mood and Anxiety Disorders



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出版者:

出版时间:2008-10

装帧:

isbn:9780761840763

Designed for social science students, today's frontline therapists, and mental health care providers, the Professional Handbook for Mood and Anxiety Disorders describes a professional approach to dealing with some of the most prevalent of mental illnesses. Dr. Neil Soggie begins with a thorough synopsis of Nosology (classification of illness) and Psychopathology (the study of mental illness). The Handbook reviews the basics of the body-brain relationship before moving into the specific realm of mood and anxiety disorders. Each disorder is presented from the view of a mental health professional, discussing both the etiology and treatment of the disorder. Interspersed throughout the book are professional hints, clinical note guides, and sample forms for confirming the diagnosis and developing treatment plans. The author also encapsulates the standard practice for writing psychological reports and reminds the reader to honor the value of the client as a human being of significance.

作者介绍:

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