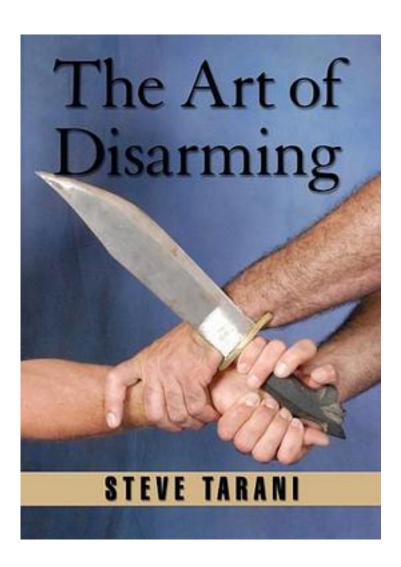
The Art of Disarming



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One of the most intriguing aspects of edged weapons personal defense skills is the art

of disarming. Given its life-threatening risk factor, disarming is considered the absolute highest level of skill in the bladed arts. Labeled by the Masters of Edged Weapons as "accidental or incidental" disarming is not something you want to try at home using the kitchen steak knife Although a highly valued set of skills, the Art of Disarming takes literally decades of training, commitment and personal discipline to truly master. What about the rest of us with a real jobs, family and commitments? Inside this detailed training guide, there is a select choice of "bread and butter" techniques designed for rapid assimilation that can give you these practical survival skills. With no previous training whatsoever and a little time (and a patient training partner) these critical skills can be made part of your personal tool kit ??????????? should you need them.

| 作者介绍: | | | |
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