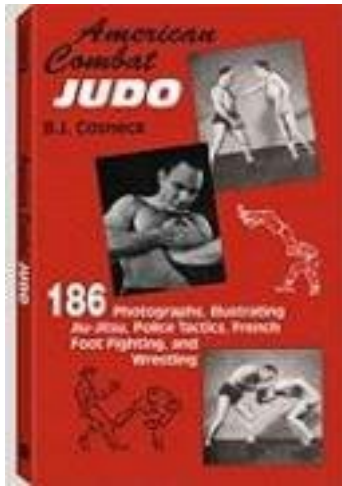


American Combat Judo



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著者:Bernard J. Cosneck

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This 1959 solo effort, American Combat Judo, is a lengthier training session in vicious close-in fighting skills. In it, Cosneck combines elements of jiu-jitsu, boxing, wrestling, savate and plain old dirty fighting into an easy-to-learn set of practical unarmed combat techniques designed to incapacitate any attacker as quickly and painfully as possible. No collection of hand-to-hand combat books is truly complete without this exclusive reprint edition of American Combat Judo from Paladin Press

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