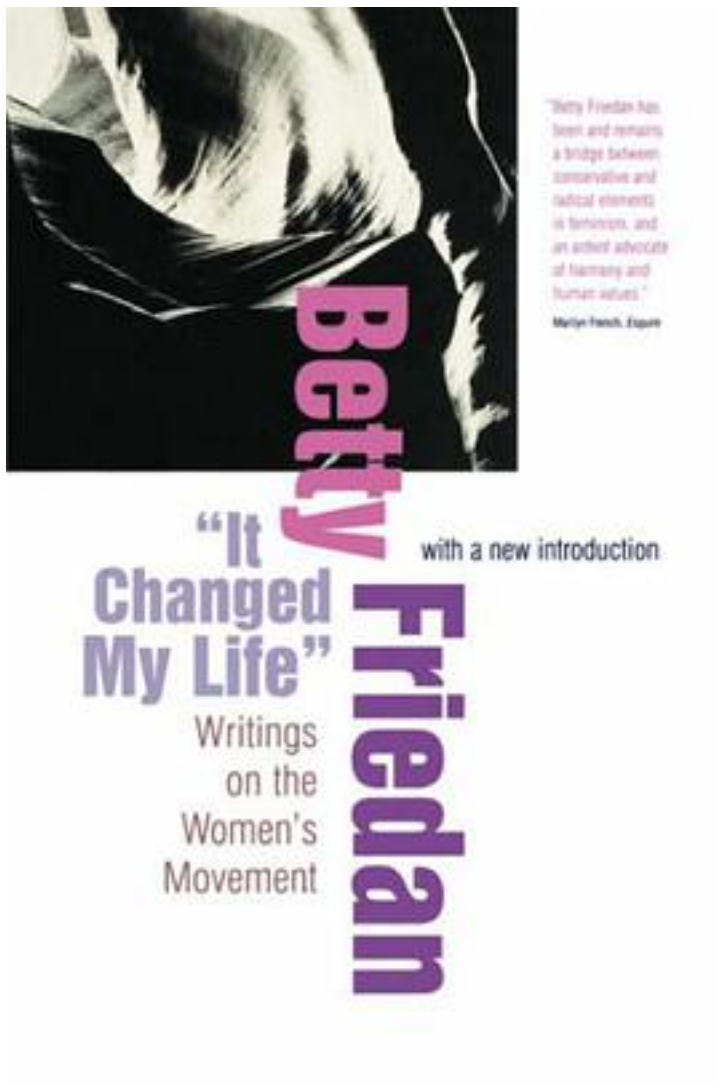


It Changed My Life



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著者:Betty Friedan

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The title of this book reflects what the author heard after the publication of her book "The Feminine Mystique". It helped women put a name to the sense of invisibility, powerlessness, and depression that Betty Friedan called "the problem that has no name". First published in 1976, it is a collection of reports from the days less than a generation ago when women were routinely shut out of the professions and higher education, underpaid, condescended to, and harassed without consequences to the harassers. The book describes the political campaigns for equal pay and job opportunities, for the outlawing of sex discrimination, for the Equal Rights Amendment, and for legalized abortion, the creation of NOW, NARAL, and the National Women's Political Caucus, and analyzes the antifeminist backlashes. encounters with Simone de Beauvoir and Indira Gandhi are juxtaposed with moving and vivid personal struggles of many ordinary women. Among those women was Friedan herself, who recorded her astonishment, gratification, and anger as the movement she helped to create grew beyond all her hopes, and then raced beyond her control into a sexual politics she found disturbing.

作者介绍:

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