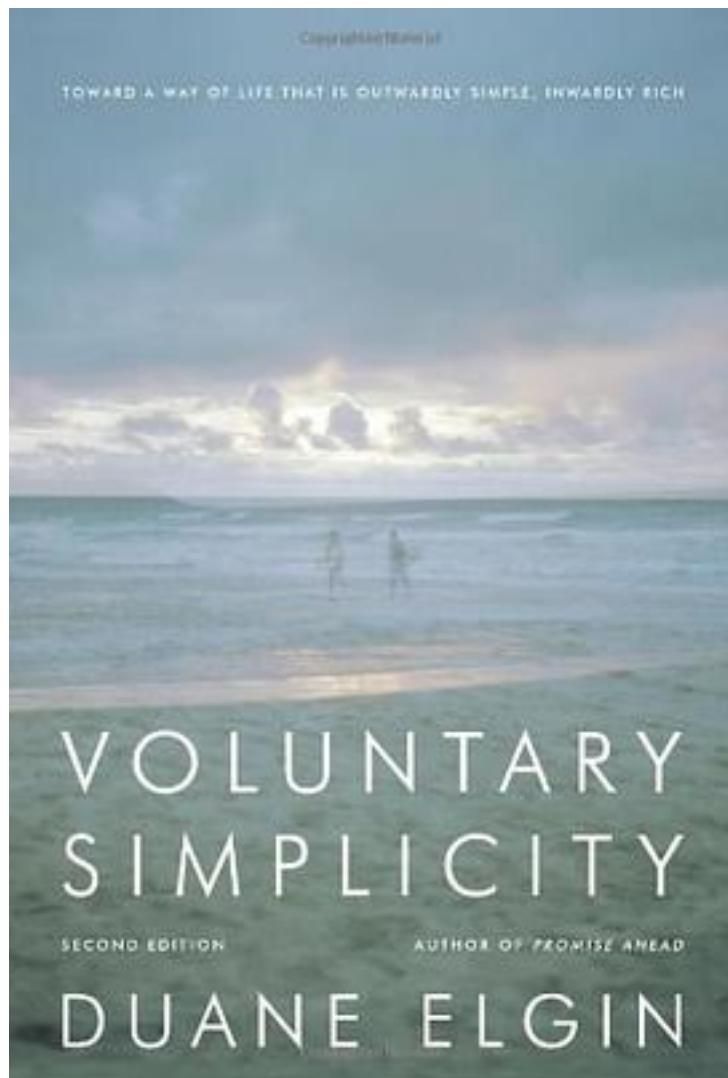


# Voluntary Simplicity



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出版者:Rowman & Littlefield Publishers, Inc.

出版时间:2003-12-20

装帧:Paperback

isbn:9780742520677

A simpler life. In a shadow cast by the jarring beginning of the new millennium, simplicity has an undeniable appeal. Global conflicts, domestic security concerns, and a stalling economy can make keeping up with the Joneses feel like, at best, a misguided luxury. Now is not a time for excess; it is a time, it would seem, to focus on 'what really matters.' Thus the appeal of voluntary simplicity, a notion that combines the freedom of modernity with certain comforts and virtues of the past. The authors in this volume speak to the what, why, and how of voluntary simplicity (and even to some extent the where, when, and who). Those included range from contemporary academics to thinkers from the turn of the last century, from ardent supporters to staunch critics. They approach the subject from a variety of perspectives-economic, psychological, sociological, historical, and theological. Each either implicitly or explicitly helps us explore the desirability and feasibility of voluntary simplicity.

作者介绍:

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