

The War of Art



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著者:Steven Pressfield

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作者介绍:

Steven Pressfield is the author of The Legend of Bagger Vance, Gates of Fire, Tides of War, Last of the Amazons, Virtues of War, The Afghan Campaign, Killing Rommel, The Profession, The Lion's Gate, The War of Art, Turning Pro, Do the Work, The Warrior Ethos, The Authentic Swing, An American Jew, Nobody Wants to Read Your Sh*t, The Knowledge, and The Artist's Journey.

His debut novel, The Legend of Bagger Vance, was adapted for screen. A film of the same title was released in 2000, directed by Robert Redford and starring Matt Damon, Will Smith and Charlize Theron.

His father was in the Navy, and he was born in Port of Spain, Trinidad, in 1943. Since graduating from Duke University in 1965, he has been a U.S. Marine, an advertising copywriter, schoolteacher, tractor-trailer driver, bartender, oilfield roustabout, attendant in a mental hospital and screenwriter.

His struggles to earn a living as a writer (it took seventeen years to get the first paycheck) are detailed in The War of Art, Turning Pro, The Authentic Swing, Nobody Wants to Read Your Sh*t, and The Knowledge.

There's a recurring character in his books, named Telamon, a mercenary of ancient days. Telamon doesn't say much. He rarely gets hurt or wounded. And he never seems to age. His view of the profession of arms is a lot like Pressfield's conception of art and the artist:

"It is one thing to study war, and another to live the warrior's life."

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标签

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评论

艺术的战争 战争的艺术 软技能作者力推 ^_^

很励志的书，小小一本书，语言非常精炼有意思，让人读的很开心。

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书评

我开车时一边听这书一边想:"Pressfield真牛逼，这扩写能力不是盖的，从短短的一句话——Do the work，扩写了整整一本书。"
而且写的还真TM好，没有婆婆妈妈重复多遍的句子，从各种角度分析问题，很多观点都很inspiring. 虽然书的主要观点我已经很熟悉了（follow了Tim Ferriss六...

当我有一天回顾自己看过的所有关于写作的视频、文章还有书，我发现我学会了两件事，一是语法，二是怎么写故事，但我想写的不是这些没价值的东西，而是有智慧的思想 and 做事方法。于是从这一刻我意识到又一次地，我必须自己摸索出前进的路。好在今天，我遇到了一本书： There's a...

我31岁。存了两千七百美金，从纽约搬到了北加州的一个小镇。租了一个房子后面的一个小房子，每月105元。
只有我的老雪佛兰货车，Smith-Corona打字机，和我的猫，Mo。每周一早上我走到村里去美国银行取出25元。够我活接下来的7天。
在我成为职业作者的那一年里，我没有跟任何人...

想查这作者是哪里人的，然后学到中美洲有个叫trinidad and tobago的国家。。不过作者是从事编剧几十年后写的这本书，他人生转折的经历也在这本书里讲得很详细。本书可以说是从事艺术者觉得力不从心时必读的手册。下面是几条很珍贵的心得： 多动症轻度焦虑等等的热门话题是商业...

Here' s the trick: We' re never alone. As soon as we step outside the campfire glow, our Muse lights on our shoulder like a butterfly. The act of courage calls forth infallibly that deeper part of ourselves that supports and sustains us. Resistance knows th...

节选 Resistance feeds on fear. We experience Resistance as fear. But fear of what? Fear of the consequences of following our heart. Fear of bankruptcy, fear of poverty, fear of insolvency. Fear of groveling when we try to make it on our own, and of groveli...

any act that rejects immediate gratification in favor of long-term growth, health, or integrity. Or, expressed another way, any act that derives from our higher nature instead of our lower. Any of these will elicit Resistance. ===== The paradox seems...

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