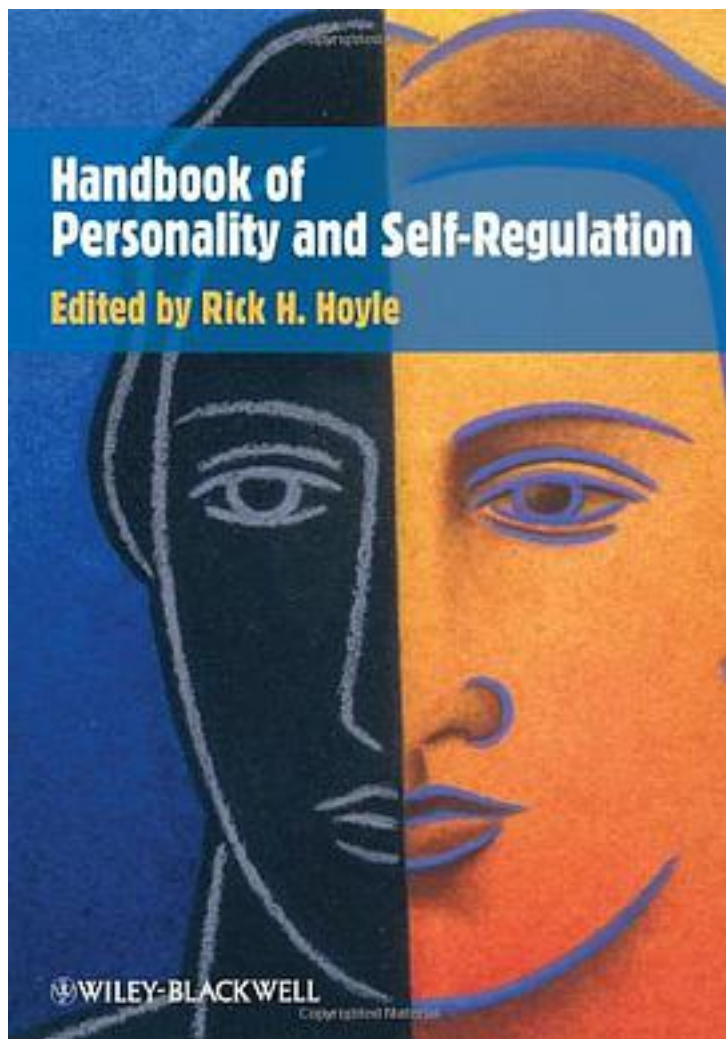


Handbook of Personality and Self-Regulation



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The Handbook of Personality and Self-Regulation integrates scholarly research on

self-regulation in the personality, developmental, and social psychology traditions for a broad audience of social and behavioral scientists interested in the processes by which people control, or fail to control, their own behavior. Examines self-regulation as it influences and is influenced by basic personality processes in normal adults Offers 21 original contributions from an internationally respected group of scholars in the fields of personality and self-regulation Explores the causes and consequences of inadequate self-regulation and the means by which self-regulation might be improved Integrates empirical findings on basic personality traits with findings inspired by emerging models of self-regulation Provides a comprehensive, up-to-date, and stimulating view of the field for students and researchers in a wide range of disciplines

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