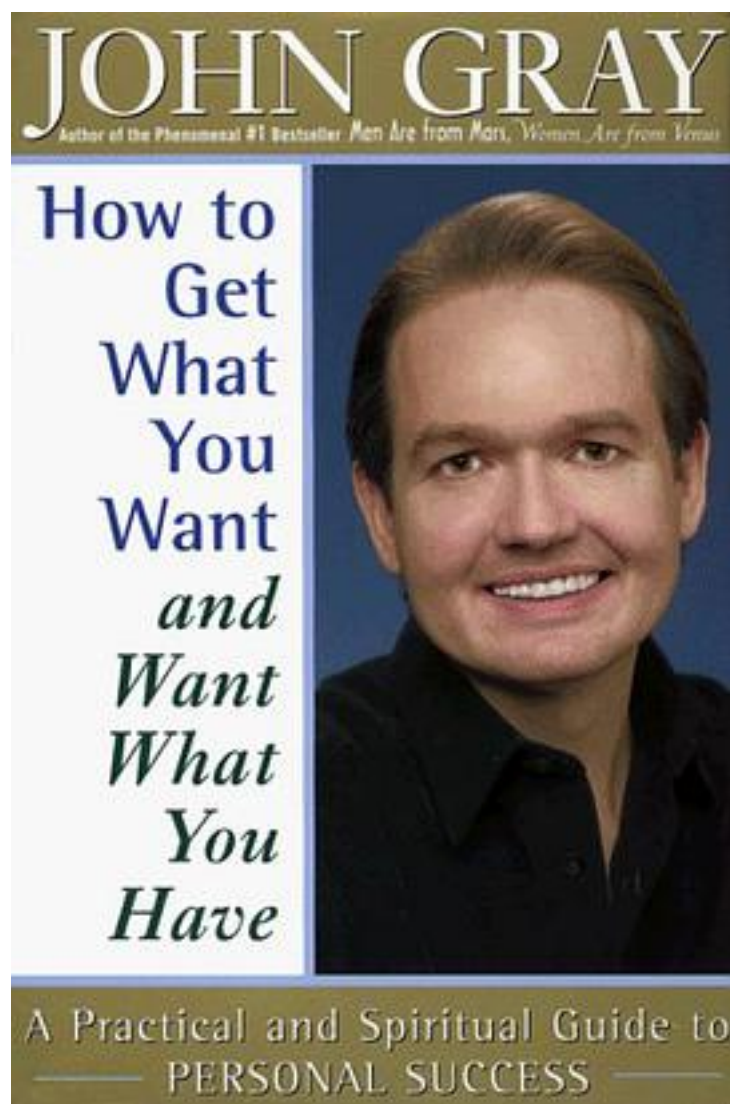


How to Get What You Want and Want What You Have



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Western therapies combine with Eastern meditation to give a proven method for becoming happy, confident and content by taking five basic steps: identify blocks to your personal success; understand your soul's desire; release negative emotions; identify needs and take action; make decisions daily.

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