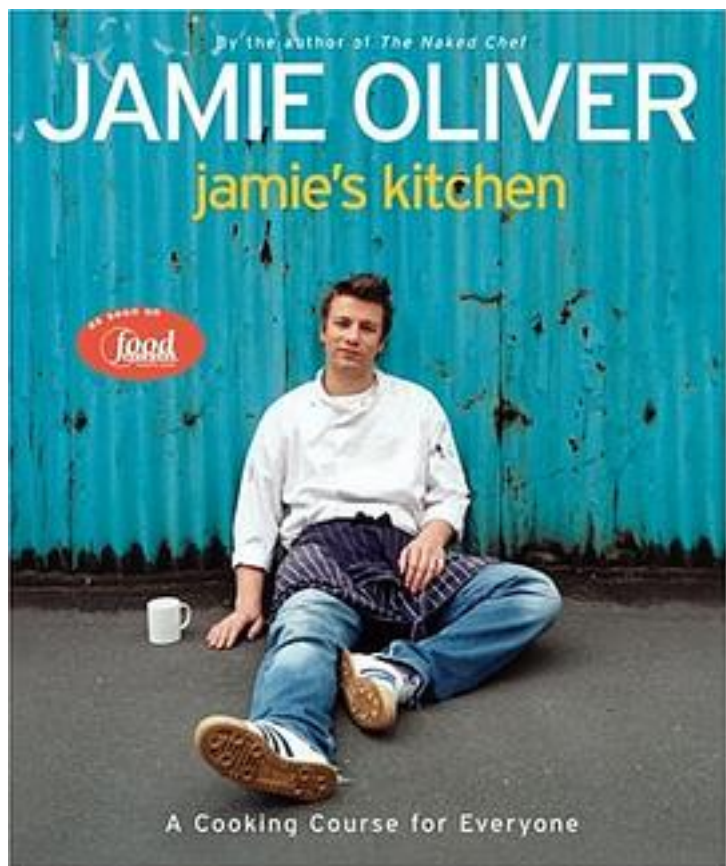


Jamie's Kitchen



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著者:Jamie Oliver

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"Jamie's Kitchen" is the ultimate guide for people who love great food and want to cook. It's packed with clear, no-nonsense advice and inspiration, as well as over 100 brand new recipes from the cookery course and the restaurant. Jamie's approach is honest and easy - this is not a heavy duty 'cook like a professional' book, weighed down with facts, figures and techniques. Jamie guides you through different cooking

methods - from poaching and boiling, to char-grilling and pot-roasting. He encourages you to have confidence, a sense of independence, a laugh and - importantly - to be the boss in your own kitchen.

作者介绍:

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