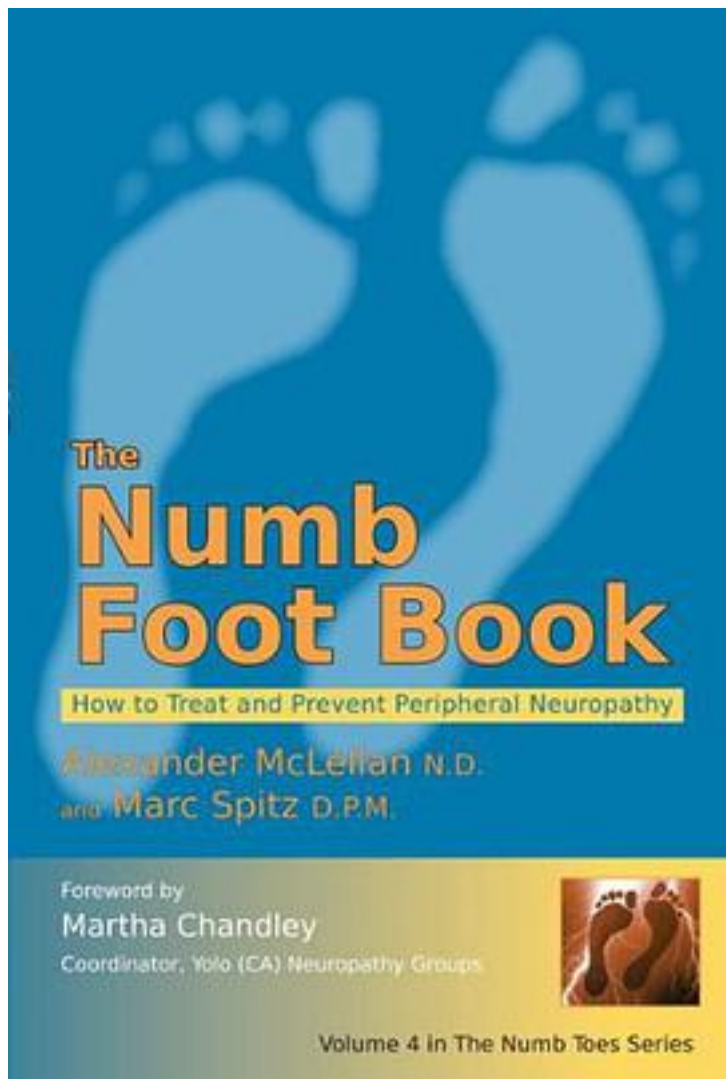


The Numb Foot Book - How to Treat and Prevent Peripheral Neuropathy (Numb Toes)



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著者:Dr. Alexander McLellan

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The Numb Foot Book, is the latest addition to the best selling Numb Toes series, and has quickly become the "must read book" for anyone suffering from peripheral neuropathy. Dr.s Alex McLellan and Marc Spitz have taken the reins from the legendary John Senneff, who pioneered layperson literature by focusing on treatment and coping options for neuropathy (nerve Pain) sufferers. This new book is considered the best in the series to date. This comprehensive new title covers: The latest information on medical treatment options, including oral and topical drugs and their side effects. The most important nutritional supplements which can slow the progression or even reverse peripheral neuropathy. New treatment such as Laser and Infrared therapy. The best of the alternative and complementary treatments including Tai Chi, Acupuncture and Natural Medicines. Practical advice on how to improve walking and balance problems. A look ahead at upcoming new treatment options.

作者介绍:

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