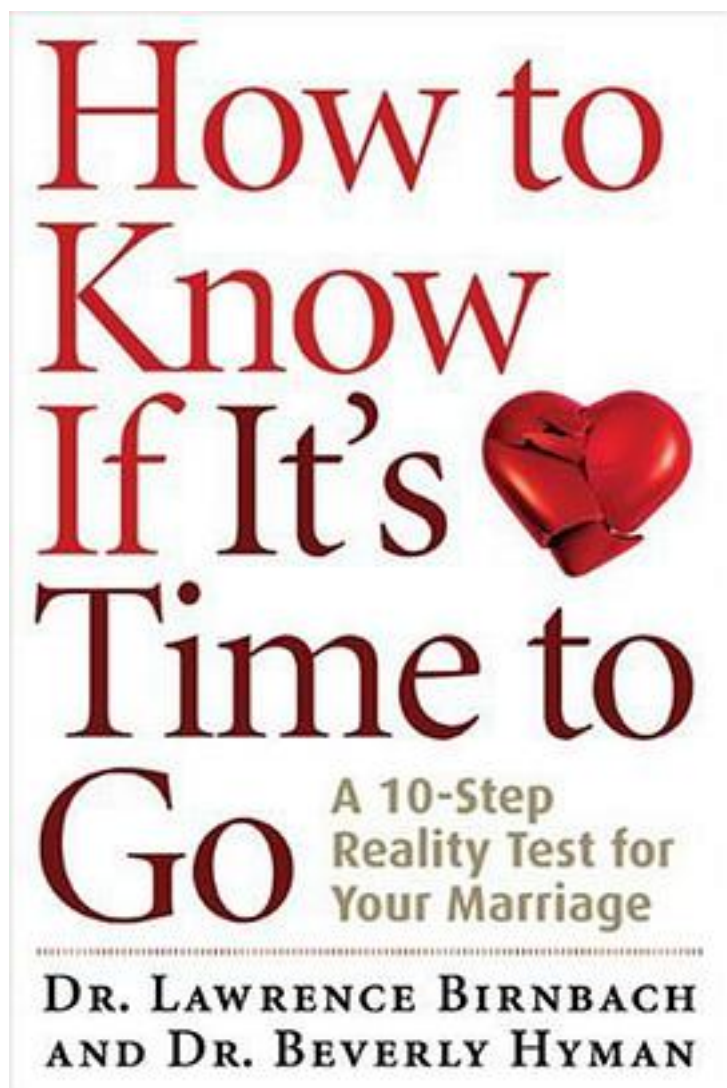


How to Know If It's Time to Go



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0in 0in 0pt"> A controversial look at whether a marriage can be saved or if it's time to go.” For the millions caught in unhappy marriages, consumed by sadness, anger, and fear, the question haunts: Should I divorce?” Now, in their insightful new book, a husband-and-wife team of marriage experts helps readers find the answer by taking them through ten steps to determine if their relationship has reached the breaking point. While Drs. Birnbach and Hyman do not advocate divorce, they point out that the most desirable situation a happy long-term marriage may simply not be possible in some cases. The book also discusses how the lives of people who stay in chronically unhappy marriages compare with those who split up. Filled with poignant case studies, cutting-edge research, and a 100-question self-assessment to determine if it's time to go,” this unique guide dispels the myths about divorce and enables readers to recognize if there is still hope . . . or if they (and their families) are better off apart.

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