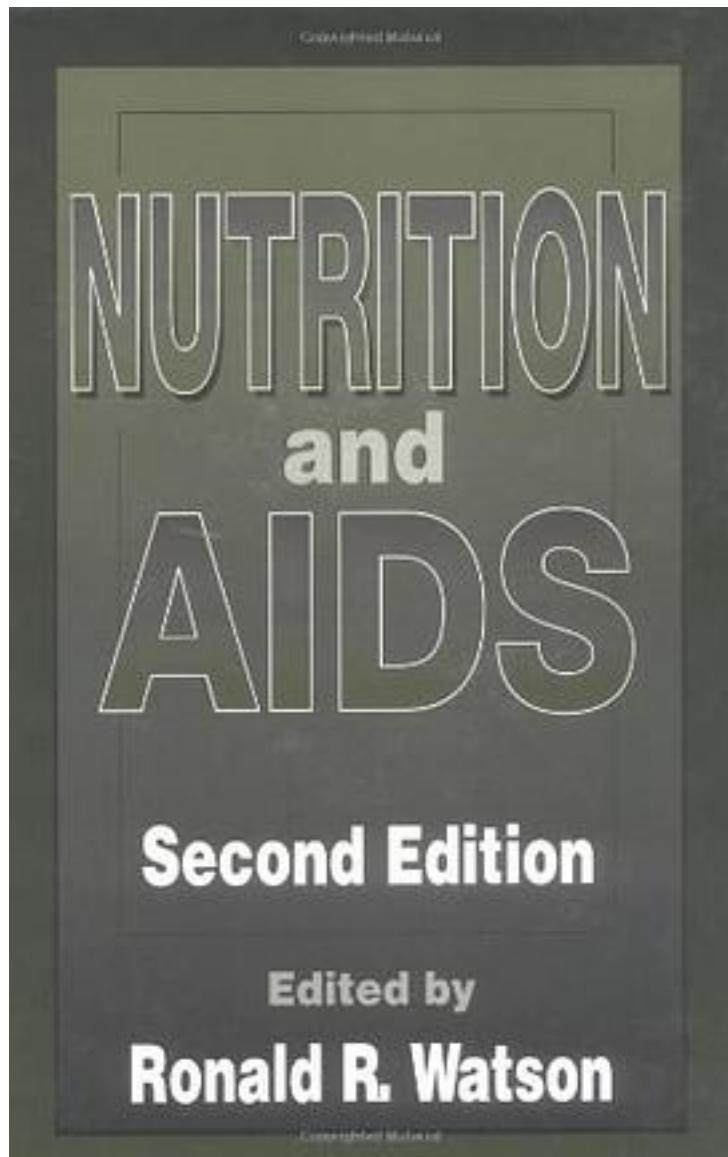


Nutrition and AIDS, Second Edition (Modern Nutrition)



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出版者:CRC Press

出版时间:2000-09-19

装帧:Hardcover

isbn:9780849302725

Evidence shows that nutritional supports can help maintain health in the HIV-infected patient by replacing lost nutrients, compensating for nutritional damage done by the retrovirus-induced immunodeficiency, and stimulating the remaining immune system and cells for better host defenses. This new edition of Nutrition and AIDS is a timely look at what dietary materials, supplements, and foods may benefit or treat AIDS, as well as nutritional deficiencies that can accelerate progression to AIDS and death. It offers a variety of alternative dietary and herbal remedies, including some that have been tested in animals and humans to stimulate immune defense or compensate for changes induced by HIV infection. In addition, it surveys items that may accelerate nutritional depletion in AIDS patients, such as cocaine, alcohol, and tobacco use. It includes data from animal studies modeling AIDS and nutrition, studies not yet done in humans but applicable to them. Including updated reviews on topics from the author's earlier publications on the subject, with a focus on how to use this nutritional information to treat or retard development of AIDS, Nutrition and AIDS brings to the forefront the most recent advances in understanding the nutritional deficiencies of AIDS and HIV-positive patients.

作者介绍:

目录:

[Nutrition and AIDS, Second Edition \(Modern Nutrition\) 下载链接1](#)

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