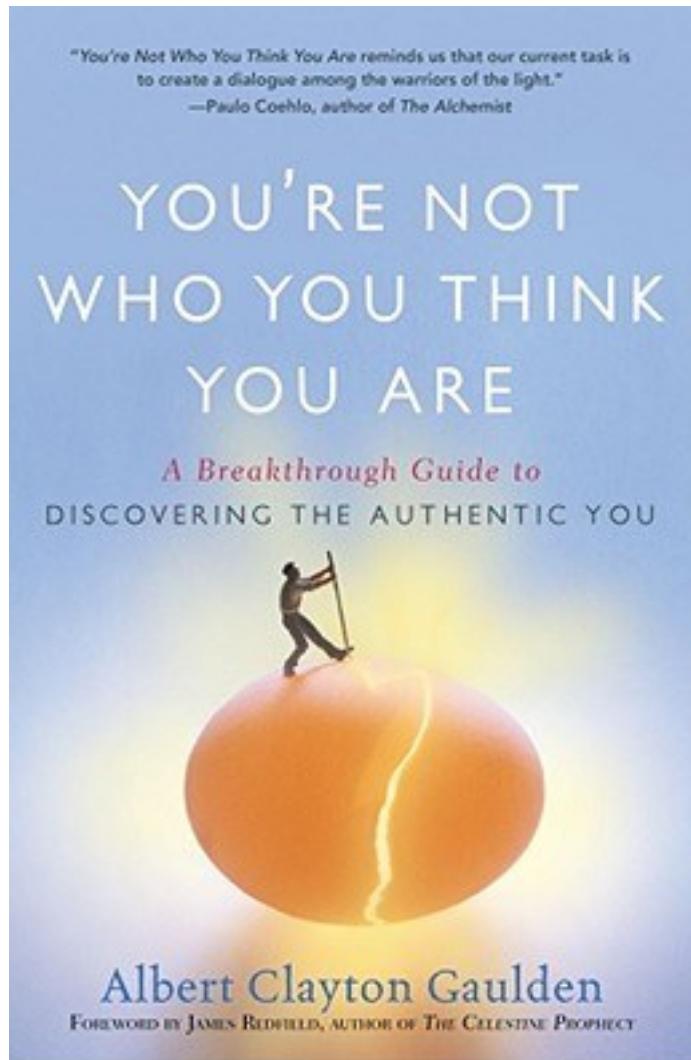


You're Not Who You Think You Are



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At a time when so many are looking for spiritual renewal in a world plagued with worry, doubt and uncertainty, Gaulden guides you, with text and exercises, to a place where you are able to take responsibility for yourself and face the false idols that block entry to the authentic self; to understand that the answers to your problems are where the questions are - within you. Lasting changes come from a searching and fearless moral inventory. Gaulden breaks open the unsolved spiritual mysteries and lets you experience the freedom of self awareness. Learn to love you so you can love someone else.

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