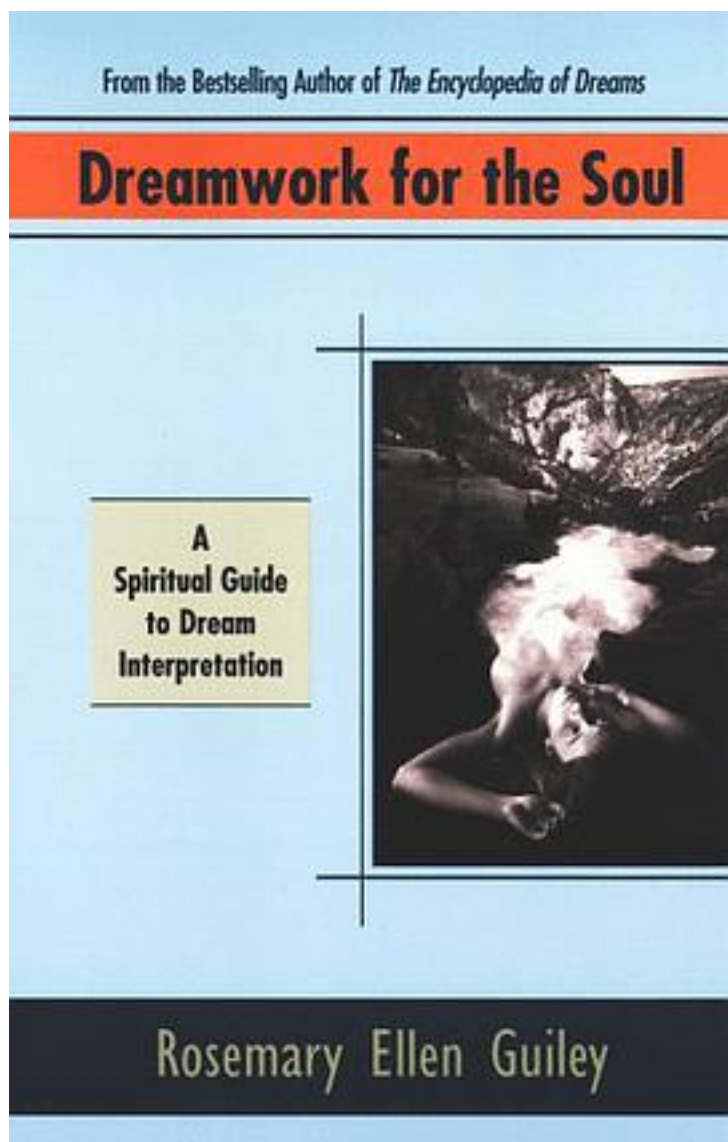


# Dreamwork for Soul



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Unlike any other dream book, Dreamwork for the Soul offers a completely new approach to dream interpretation. This guide offers a seven-step method that will enable you to understand your dreams from a personal and spiritual perspective. Including a history of dreams and dreamwork--as well as psychological and holistic perspectives--this book will connect you to the sources of inner power that are within your own mind. With Dreamwork for the Soul, you will learn to: \* use your dreams to understand what role dreams play in your creative and spiritual life \* ask for answers to tough questions \* heighten your creativity \* prepare for a life change \* tap into other spiritual realms \* and much more. From the ancient use of dreams for spiritual healing to the current interpretations of common dream symbols, this book provides a comprehensive overview of dream studies--plus a personal guide that allows you to do your own dreamwork...and soul work.

作者介绍:

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