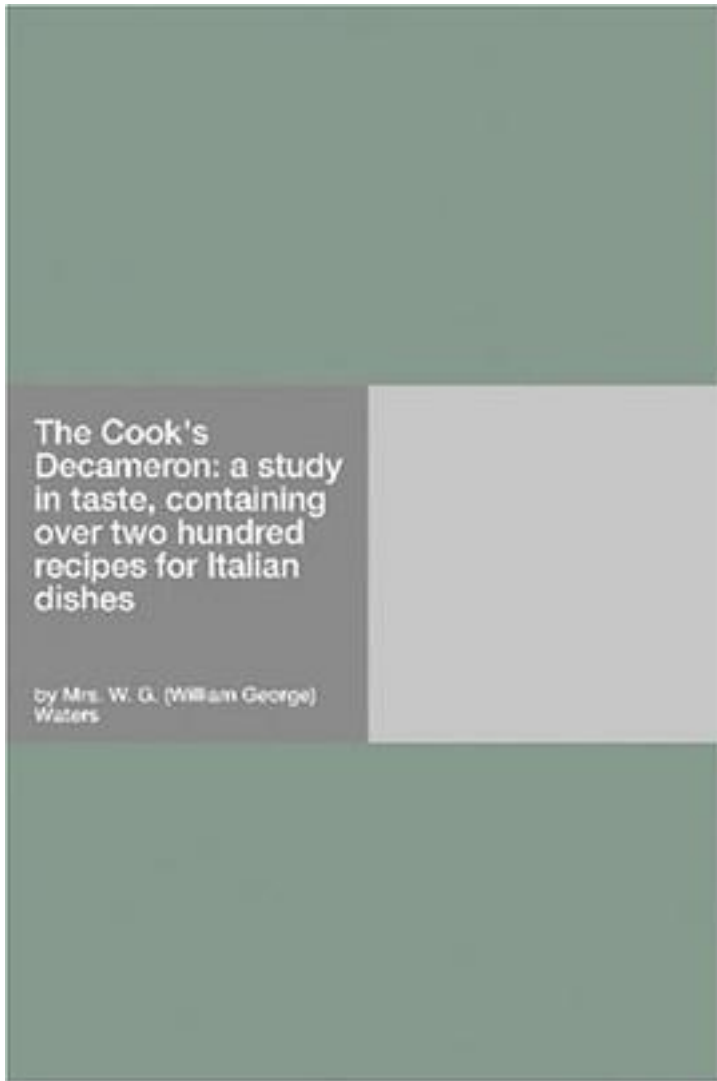


The Cook's Decameron



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No one has any claim to be called a cook who cannot make soup without artificial clearing, said the Marchesa. "Like the poet, the consommé is born, not made. It must be clear from the beginning, an achievement which needs care and trouble like every other artistic effort, but one nevertheless well within the reach of any student who means to succeed. To clear a soup by the ordinary medium of white of egg or minced beef is to destroy all flavour and individuality. If the stock be kept from boiling until it has been strained, it will develop into a perfectly clear soup under the hands of a careful and intelligent cook. The fleeting delicate aroma which, as every gourmet will admit, gives such grateful aid to the palate, is the breath of garden herbs and of herbs alone, and here I have a charge to bring against contemporary cookery.

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