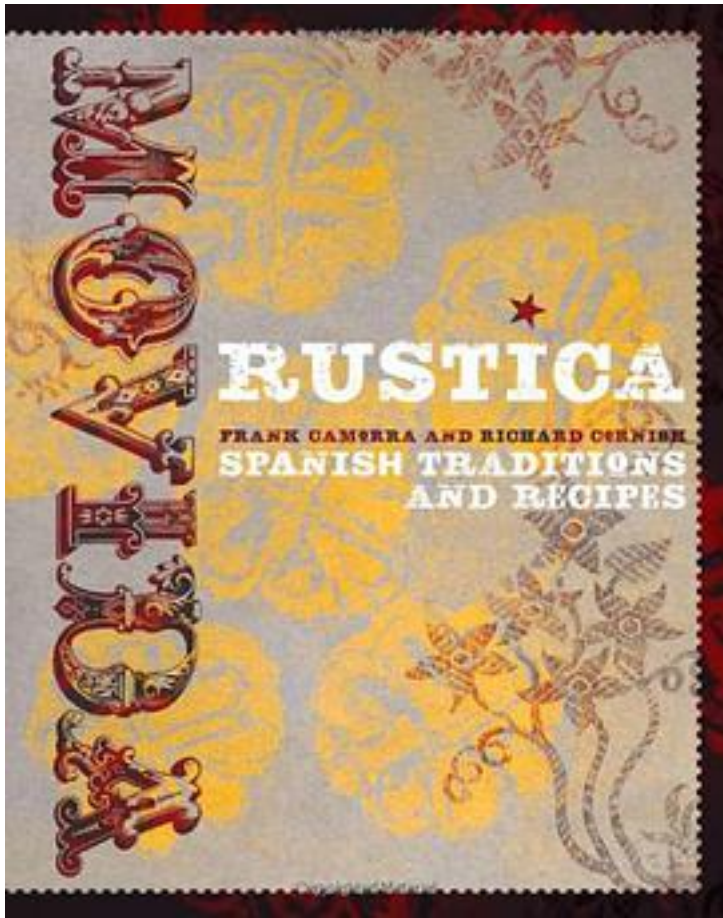


MoVida Rustica



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著者:Frank Camorra

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Following the multi-award winning title MoVida, chef and restaurateur Frank Camorra returns to his native Spain in this companion book. In it Frank delivers many traditional as well as innovative recipes that are inspired by his travels but perfected for the home cook. Their origins lie in the authentic cuisine of the Spanish cities, towns and

countryside. From the nation's bustling capital Madrid and Basque seaside towns to rustic Andalusia with its Sherry Triangle, MoVida Rustica highlights the pillars of Spanish cooking, and the culture in which the food is grown, prepared and eaten. Some of the core ingredients like smoked paprika, known as pimenton, chorizo and the omnipresent jamon Serrano and Iberico are covered with their mouth watering recipes, lore and manufacturers. Get to know matriarch Herminda, stroll across the Santiago Market and visit the kitchen gardens of Salamanca to understand what defines traditional Spanish food.

作者介绍:

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