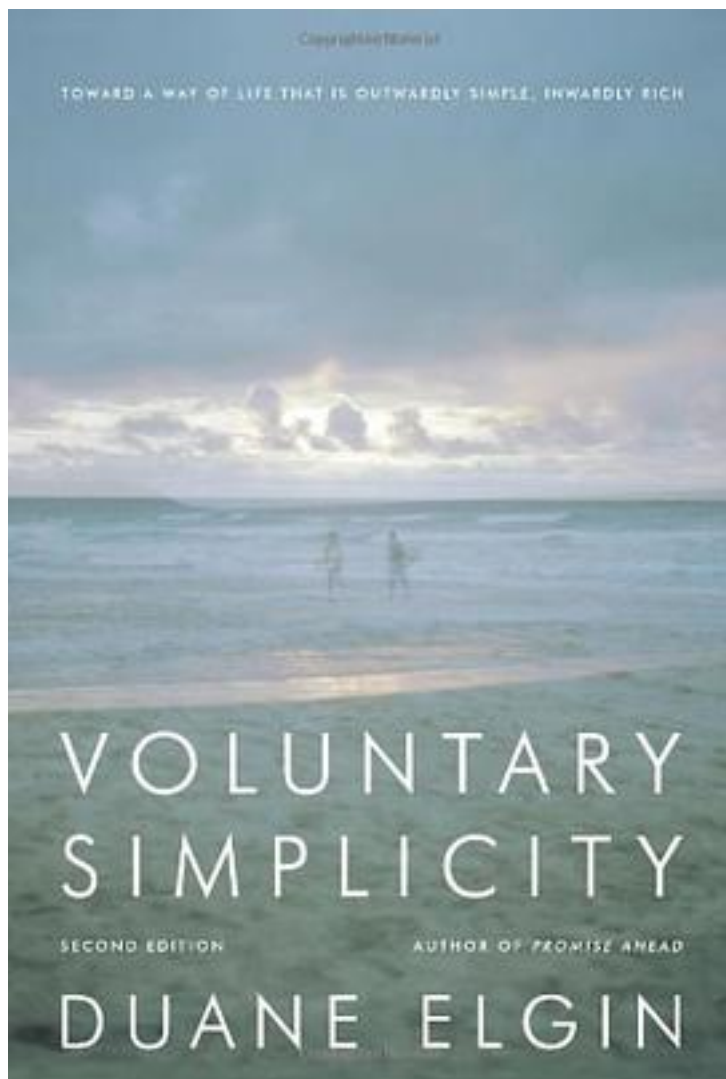


Voluntary Simplicity



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Intended as an invitation to an alternative way of life, this anthology brings together some of the most important literature on the post-consumerist living strategy known as voluntary simplicity. By examining afresh our relationship with money, material possessions, the planet, ourselves and each other, the simple life of voluntary simplicity is about discovering the freedom and contentment that comes with knowing how much consumption is truly enough. And this might be a theme that has something to say to everyone, especially those of us who are everyday bombarded with thousands of cultural messages insisting that more is always better. Voluntary simplicity is an art of living that is aglow with the insight that just enough is plenty. The contributors to this anthology all leading figures in the voluntary simplicity movement are highly distinguished scholars, activists, educators, and artists.

Brought together so comprehensively for the first time, the result is a collection of the very best writing on one of today's most important but neglected ideas.

作者介绍:

Samuel Alexander is a sessional lecturer and doctoral student at the University of Melbourne, Law School. Living simply and happily in a small hut that he built himself using mostly abandoned material, he spends his time quietly planning, with youthful ambition, the non-violent erasure of consumer culture.

目录: Introduction, Samuel Alexander
Voluntary Simplicity: The 'Middle Way' to Sustainability, Mark A. Burch
A New Social Movement?, Amatai Etzioni
Two Ways of Thinking About Money, Jerome Segal
What is Affluenza?, Clive Hamilton & Richard Denniss
The Conundrum of Consumption, Alan Durning
The Value of Voluntary Simplicity, Richard B. Gregg
Less is More, Philip Cafaro
Building the Case for Global Living, Jim Merkel
Voluntary Simplicity, Duane Elgin And Arnold Mitchell
Thoreau's Alternative Economics, Philip Cafaro
Why Simplify?, Mark A. Burch
Sharing the Earth, Jim Merkel
The Downshifters, Clive Hamilton & Richard Denniss
Fourteen A Culture of Permanence, Alan Durning
Simplicity, Community, and Private Land, Eric T. Freyfogle
The New Politics of Consumption, Juliet Schor
Political Prescriptions, John de Graaf
Extending the Movement, Mary Grigsby
Transcendental Simplicity, David E. Shi
'Economy' from Walden, Henry David Thoreau
Meditations On Simplicity, Samuel Alexander
Appendix i Manifesto of the Life Poets' Simplicity Collective
Appendix ii Peaceful Acts of Opposition
Appendix iii Declaration on Degrowth
. ([收起](#))

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