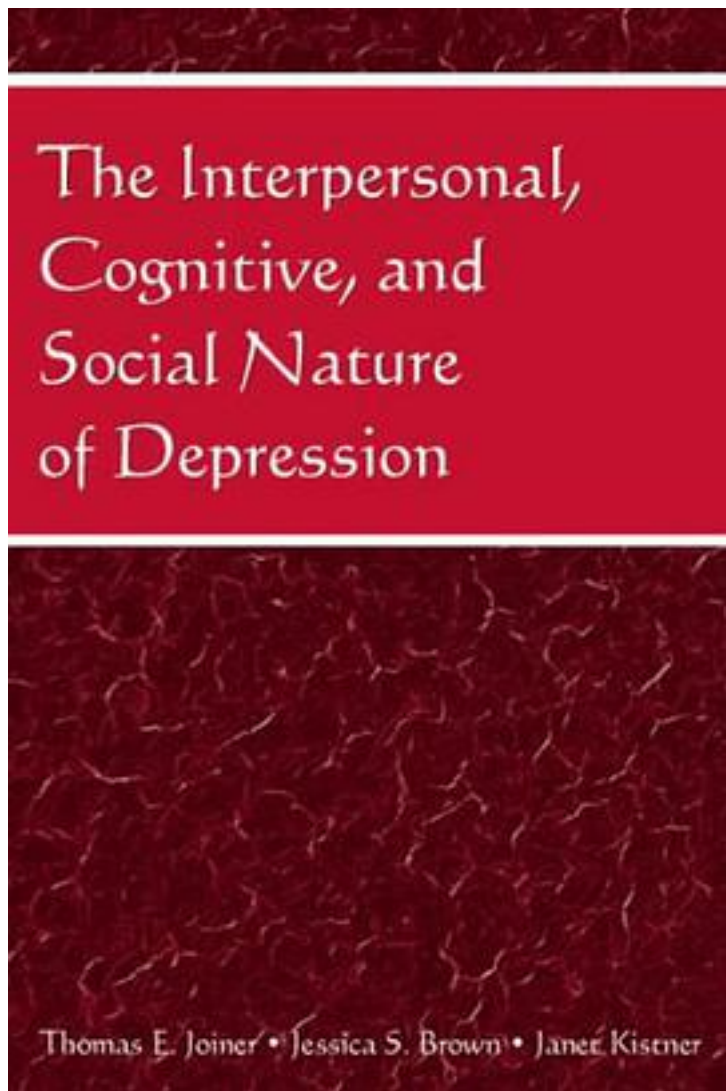


The Interpersonal, Cognitive, and Social Nature of Depression



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The true integration of interpersonal, social psychology, and cognitive-behavioral approaches is the most important theoretical issue in the field of the psychology of depression, and yet it has not been well addressed in any forum. The Interpersonal, Cognitive, and Social Nature of Depression was written to provide cutting-edge research and theoretical perspectives on this issue. Its goal is to concretize and celebrate an integrative approach to the understanding of depression, and to foster its sequelae, by bringing together primary figures from interpersonal, cognitive, and behavioral viewpoints for state-of-the-art treatment of the psychology of depression. In addition, this book provides: * an integration of these perspectives on depression research to help guide researchers in developing projects; * up-to-date research findings to help researchers update their knowledge of depression research; * a detailed review of studies evaluating the effectiveness of cognitive therapy for treatment and prevention of depression; * focused chapters on issues related to depression in childhood and adolescence; and * chapters presenting research focusing on both the manic and depressed phases of bipolar disorder. This text will appeal to a diverse audience from several sources: clinical practitioners, sociology, psychology, psychiatry, researchers, and graduate students in these fields.

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