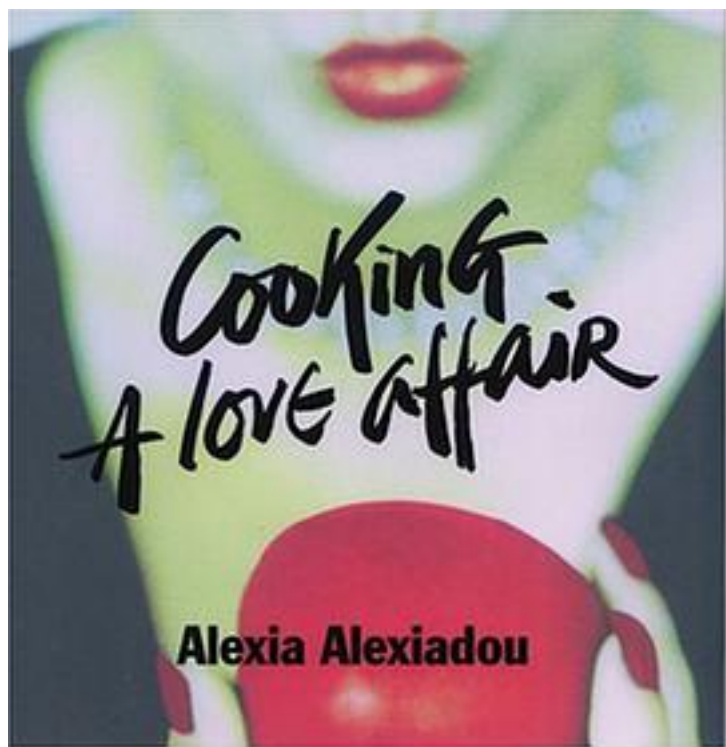


# Cooking



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著者:Merehurst

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At last a no-nonsense approach to making great food, from simple scrambled eggs to perfect garlic prawns, cooking: a commonsense guide is packed with inspirational recipes to satisfy the first-time cook or the culinary expert. Through out the book are ratings to show how simple the dish is and how much time is involved in cooking it, there are charts and tips all the way through for help with even the most basic of things. It covers all food groups and will help anyone from the most inexperienced of chefs to the greatest culinary wizz's.

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