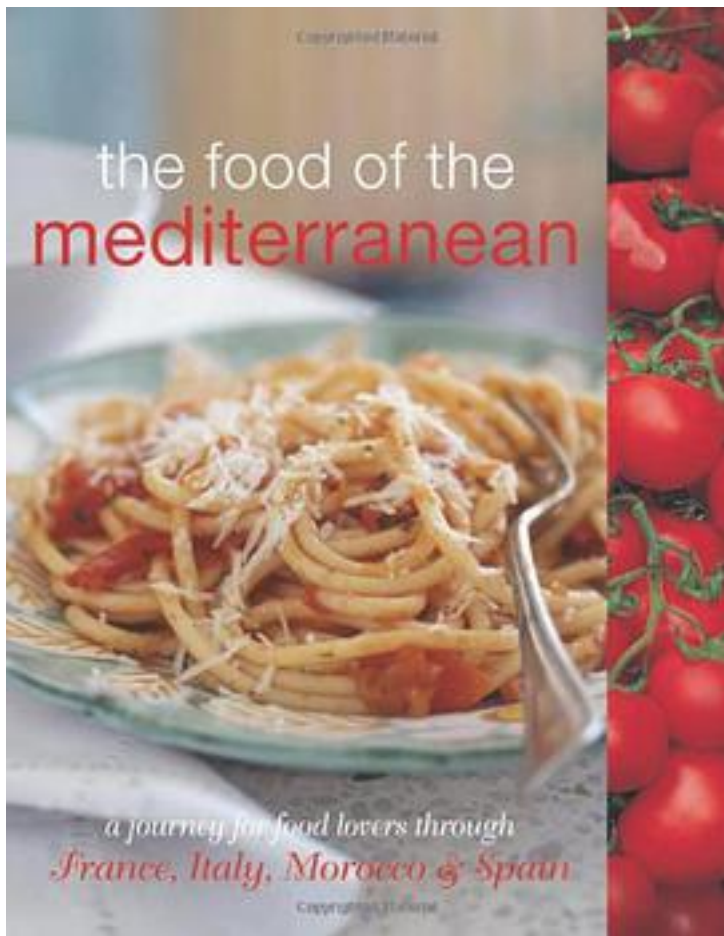


The Food of the Mediterranean



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Inspired by the rich and diverse cuisines of France, Morocco, Italy and Spain, this extensive compendium of more than 250 recipes is designed to satisfy both a taste for interesting ingredients and complex flavours as well as a taste for travel. Classic dishes

from each country and its regions, each accompanied by a beautiful photograph, are included as well as photos of authentic techniques, ingredients and equipment. The recipes are easy for cooks of all levels of skill to follow. Stunning location shots evoke the unique qualities of each country - its cities, country landscapes and coastal retreats - and provide insight into the people and their culinary heritage.

作者介绍:

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