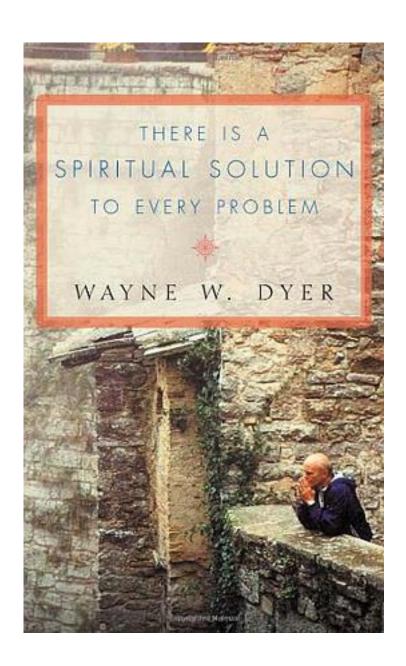
## There is a Spiritual Solution to Every Problem



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著者:Dyer, Wayne W.

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This radical new book from Wayne Dyer proposes that we hold the keys to solving any problems we face within us. He sets out basic principles and foundations we can understand and practice in order to access spiritual solutions to any problems we are experiencing. The book is in two sections. The first sets out the theory, the second enables you to put the wisdom into practice. Part 1. The theory: Everything in the Universe is nothing more than energy. Light and though, spiritual energy, vibrates very quickly. Physical energy, and problem areas, vibrate more slowly. When the highest/fastest frequencies of spirit are brought to the presence of lower/slower frequencies, they nullify and dissipate those things we call problems. We all have the ability to increase our energy and access the highest/fastest energies to eradicate problems in our lives. In carefully structured chapters, Wayne Dyer draws on both ancient wisdom and firsthand accounts, and shows how to: stop giving energy to things you don't believe in / keep your energy field uncontaminated / raise and maintain your spiritual energy. In the second part of the book, "Putting spiritual problem solving into action", Dyer shows how we can transform any negative energy into positive energy: hate into love / hurt into forgiveness / doubt into faith / despair into hope / sadness into joy

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