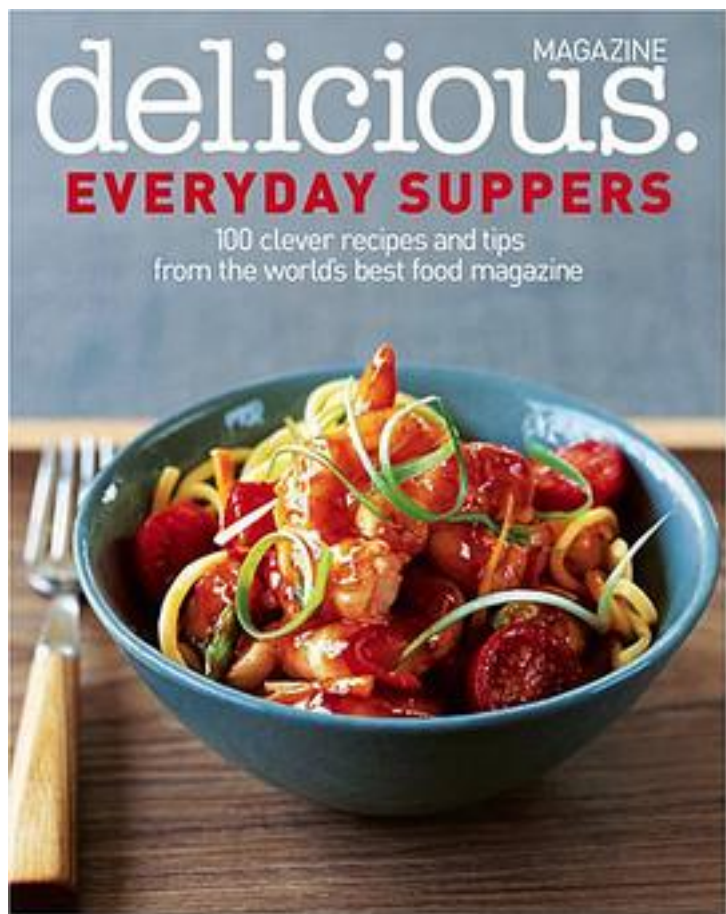


Everyday Suppers



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100 clever recipes and tips from the world's best food magazine. Everyone wants to prepare a fast and delicious supper for their family at night, but who has the time? The editors at delicious. -- the UK's leading modern food magazine -- understand. That's why they've gathered one hundred of their best recipes for everyday suppers that you

can make any night of the week: / Yummy pasta, noodle and rice recipes / Savoury meat and chicken dishes / Healthy vegetarian suppers / Fresh fish meals One hundred recipe options are gorgeously illustrated with photographs, accompanied by a sprinkling of cook's tips to help you along the way. There are meals you can make in advance and suppers that take less than 30 minutes to prepare. They've even included special hints for taking the stress out of cooking, ingredients you should keep handy, and suggestions for freezing your suppers ahead of time. From scrumptious Mediterranean stuffed chicken to creamy blue cheese risotto, you'll never have to wonder what to make for supper again!

作者介绍:

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