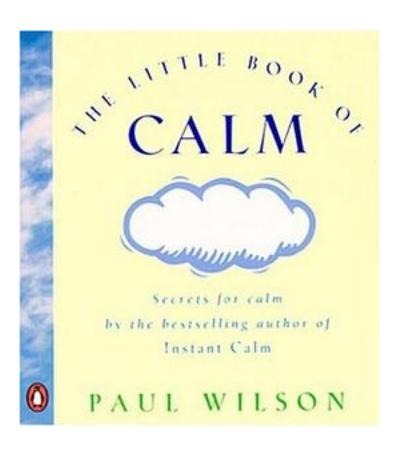
## The Little Book of Calm



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Feeling stressed? Need some help to regain balance in your life? "The Little Book of Calm" is full of wise advice to follow and thoughts to inspire. Pop it in your bag or pocket and dip in to it whenever you feel anxious. Open it at any page and you'll find a path to inner peace.

作者介绍:

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