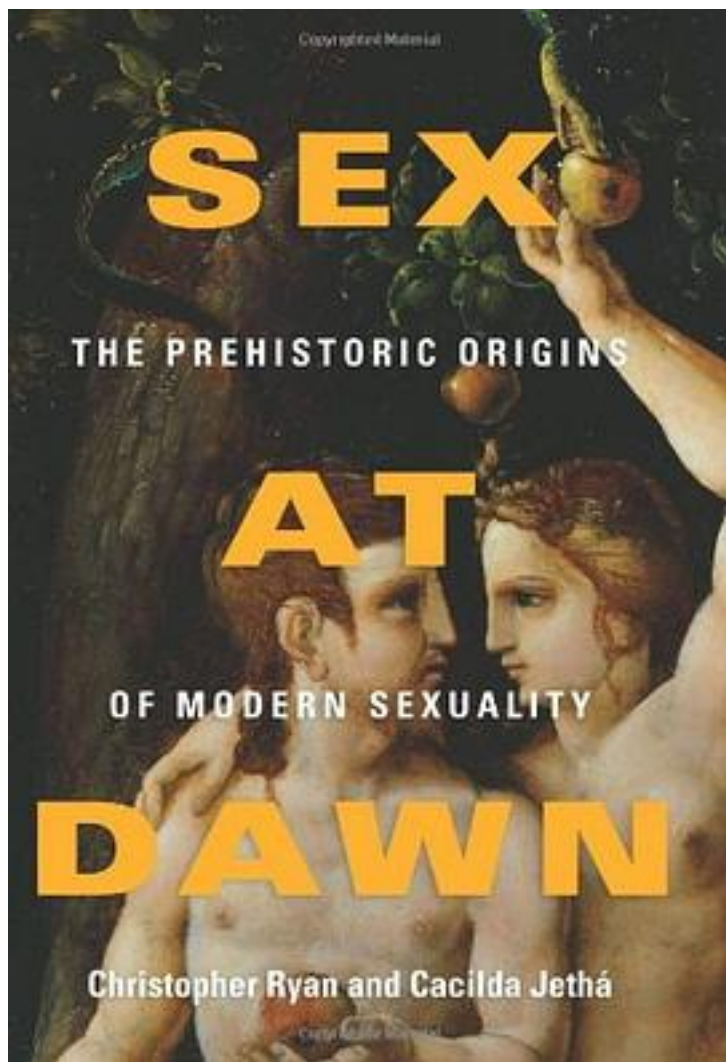


Sex at Dawn



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著者:Christopher Ryan

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Since Darwin's day, we've been told that sexual monogamy comes naturally to our species. Mainstream science--as well as religious and cultural institutions--has maintained that men and women evolved in families in which a man's possessions and protection were exchanged for a woman's fertility and fidelity. But this narrative is collapsing. Fewer and fewer couples are getting married, and divorce rates keep climbing as adultery and flagging libido drag down even seemingly solid marriages.

How can reality be reconciled with the accepted narrative? It can't be, according to renegade thinkers Christopher Ryan and Cacilda Jethá. While debunking almost everything we "know" about sex, they offer a bold alternative explanation in this provocative and brilliant book.

Ryan and Jethá's central contention is that human beings evolved in egalitarian groups that shared food, child care, and, often, sexual partners. Weaving together convergent, frequently overlooked evidence from anthropology, archaeology, primatology, anatomy, and psychosexuality, the authors show how far from human nature monogamy really is. Human beings everywhere and in every era have confronted the same familiar, intimate situations in surprisingly different ways. The authors expose the ancient roots of human sexuality while pointing toward a more optimistic future illuminated by our innate capacities for love, cooperation, and generosity.

With intelligence, humor, and wonder, Ryan and Jethá show how our promiscuous past haunts our struggles over monogamy, sexual orientation, and family dynamics. They explore why long-term fidelity can be so difficult for so many; why sexual passion tends to fade even as love deepens; why many middle-aged men risk everything for transient affairs with younger women; why homosexuality persists in the face of standard evolutionary logic; and what the human body reveals about the prehistoric origins of modern sexuality.

In the tradition of the best historical and scientific writing, *Sex at Dawn* unapologetically upends unwarranted assumptions and unfounded conclusions while offering a revolutionary understanding of why we live and love as we do.

作者介绍:

作者简介

克里斯托弗·莱恩 (Christopher Ryan)，心理学博士，《纽约时报》畅销书作家，TED热门演讲者，现居于美国洛杉矶。

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编辑推荐

著名作家肉唐僧翻译！

一本极富启发性的书，彻底颠覆关于两性关系的标准叙述。

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标签

心理学

进化心理学

两性

科普

性学

英文原版

生物学

文化研究

评论

despite all the critics, definitely worth a read. Nicely structured arguments.

Not that interesting to me. And I had to skip 3 chapters of chimpanzee and historic accounts of war because it bullshits too much and out of topic to make an argument.

远古人类学真是有趣

可以看着玩

很综合

读一本破书会很难过的。。。。。。会被自己的火气给烧焦的。。。。。。虾米虾米
虾米，有你这么研究人类学的么。。。完全不科学！！！！

改变三观又不毁三观的著作...

Controversial yet interesting arguments with rich and fascinating evidence.

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书评

—
5月25日，经济学者李子阳发了一条微博，就丁璇和她的女德班提了个问题：“那个女德讲座当然荒谬，这不用多说。我的问题是，如果只能，注意是只能，在傻帽女德讲座和宣扬性自由、滥交、诋毁正常婚姻、鼓吹家庭解体的讲座之间，二选一，你支持哪一个呢？”问题一出...

这是一本很颠覆三观的书，但理想地想想：三观是什么？这世界上本没有路，走的人多

了，便成了路。这世界上本没有三观，念叨的人多了，便成了三观。
有人说这是一本教唆男人出轨的书，我不同意，因为女人也可以出轨呀。女人为什么不出轨，是因为她品德高尚，因为她为爱而生？这种...

Interesting read but the authors try too hard to suggest an alternative in the mainstream approach to sex to the point of beautifying certain modern-day practices of multi-faceted sexual relationships / marital arrangements without showing the full picture ...

花两小时粗略读完了这本书。四百多页的篇幅，算是内容非常丰富了。
本书综合人类学、心理学、考古学、灵长类动物学、解剖学等学科知识，检视人类两性关系漫长的演化历程。
作者以两性关系的探讨为核心，以期为人际交往、伴侣相处过程中的各种障碍、冲突、误解和病症找到根源...

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