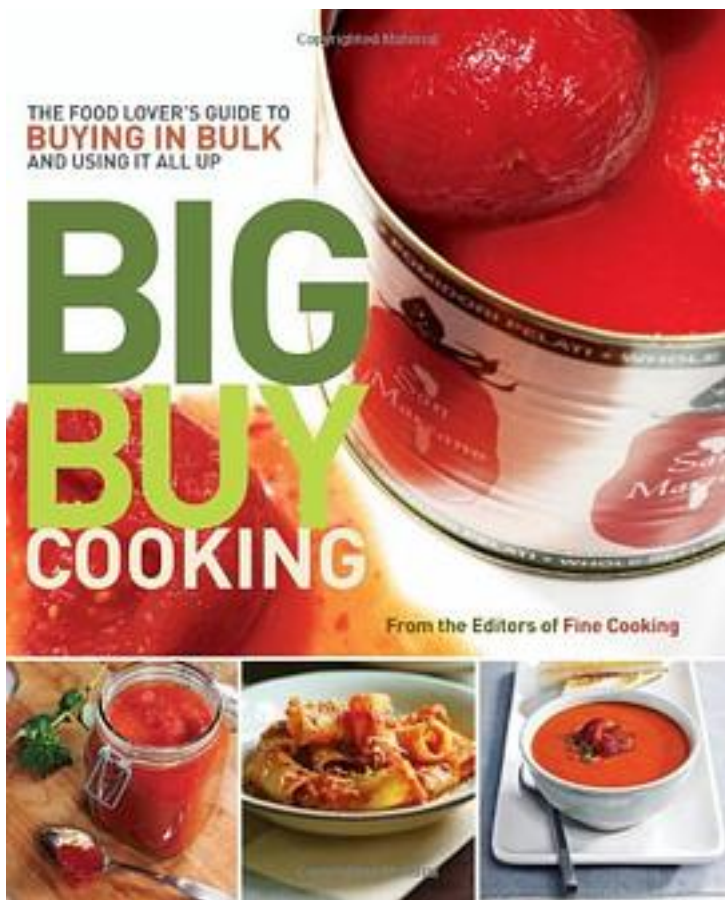


# Big Buy Cooking



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著者:"Fine Cooking" Magazine 编

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This title shows readers how to keep costs down by purchasing in bulk and then using all of the ingredients to create delicious meals all week. It features 75 exciting, innovative recipes made from 25 great food finds. It includes step-by-step instructions, helpful hints and tips, and colour photographs. Buy a delicious ingredient in bulk, save

money and cook delicious meals, but it's not as easy as it sounds. This cookbook is not about cooking to stock the freezer, spending hours on the weekend cooking for the week, eating the same leftovers all week or developing a new way to think about shopping for food. "Big Buy Cooking" is about cooking great-tasting food for every night of the week and features 75 inventive recipes from 25 bulk food items readily available in supermarkets, including: canned tomatoes, capers, plain yogurt, brie, salmon, avocados and more. Accompanied by step-by-step instructions, helpful hints and tips, and full-colour photographs, these original recipes will take readers' cooking to new levels.

作者介绍:

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