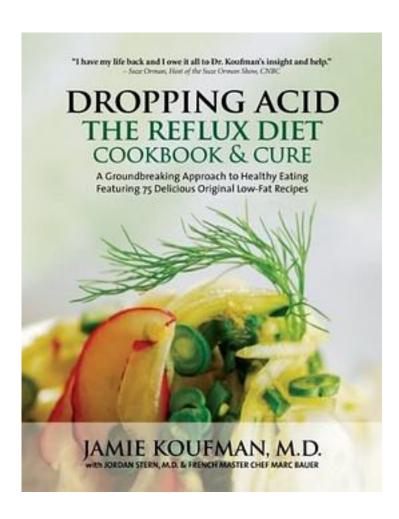
Dropping Acid



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Dr. Jamie Koufman offers recipes and cures for Acid Reflux, proving that living with the disease does not mean living without good food.

作者介绍:
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stay with natural, unprocessed food; away from refined, acidified food; you are what you eat
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