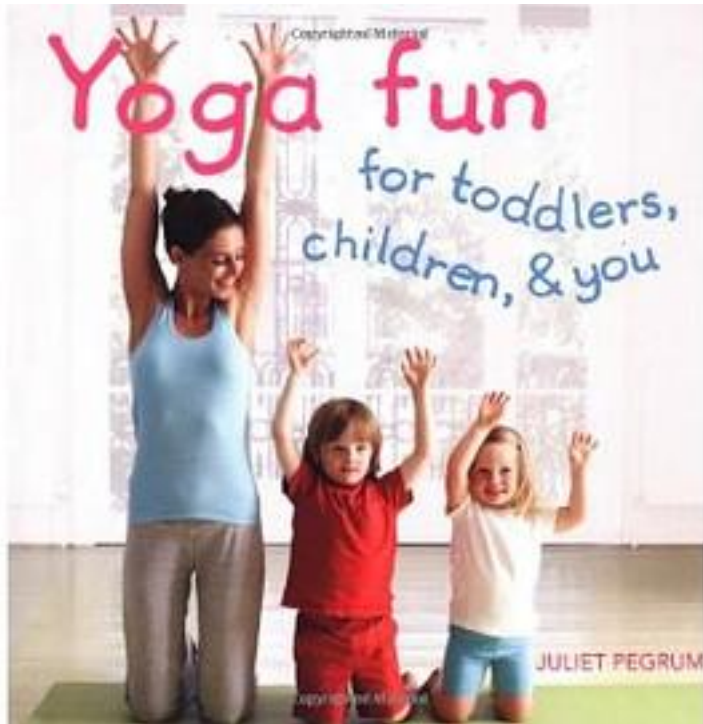


Yoga Fun for Toddlers, Children, and You



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Have fun with yoga! Yoga is fantastic exercise for children of all ages, and this fun, sage guide shows you and your children how to achieve and enjoy more than 70 classic poses together. Yoga helps promote flexibility, concentration, posture, coordination...and fun!

作者介绍:

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