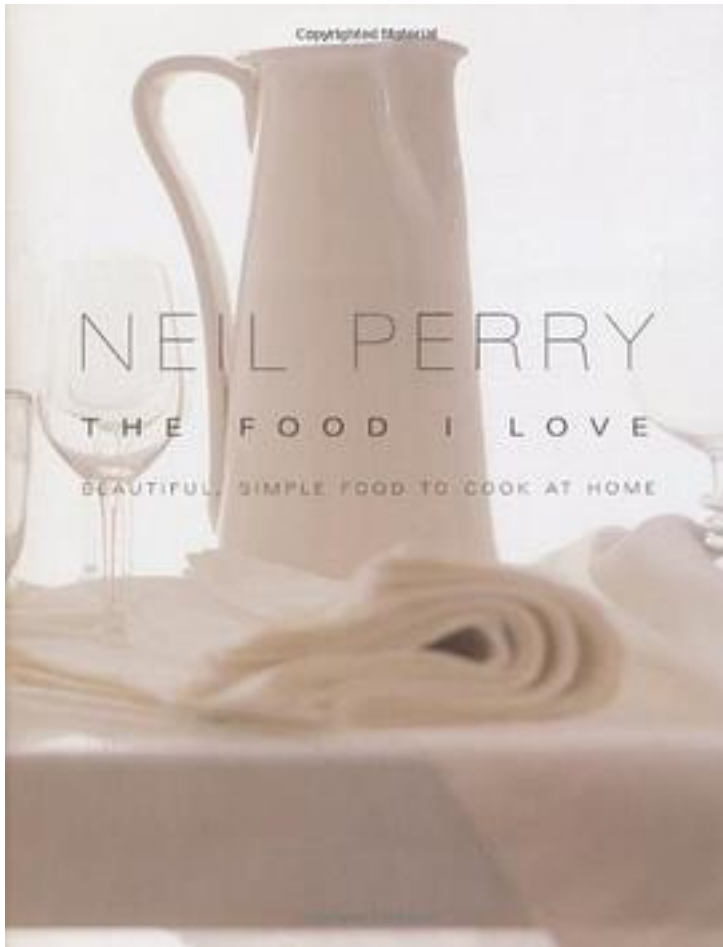


The Food I Love



[The Food I Love_下载链接1_](#)

著者:Neil Perry

出版者:Murdoch Books

出版时间:2005-4-1

装帧:Hardcover

isbn:9781740457170

Neil Perry's favourite meal at home is a simple one: an omelette, a salad, and a glass of wine, and it sums up his approach to home cooking. It's not just a dish, but a vital component of life, to be enjoyed by all the senses, and preferably, in the company of

people you love or enjoy. The Food I Love is all about cooking and eating simply but well. With more than 200 recipes, from light breakfasts through to slow roasts, detailed explanations of the techniques to ensure success with every one of them, and anecdotes from Neil on their place in the home kitchen and on the shared table, it's the definitive cookbook for the contemporary cook of any skill level. Each recipe is closely interlinked with the next, and while they can be enjoyed individually at random, they are best appreciated as a whole. As Neil explains each technique for cooking key ingredients, he introduces the supporting recipes that demonstrate the skill in its purest form, then introduces variations, accompaniments and sauces to build a comprehensive repertoire for every occasion. Chapters include:Breakfast; Energisers and Fresh Fruit; Sandwiches; Eggs; Soups; Salads; Rice; Pasta; Seafood; Poultry; Meat; Vegetarian and Vegetable Accompaniments; Sauce Accompaniments and Sweets.

作者介绍:

目录:

[The Food I Love_ 下载链接1_](#)

标签

烘焙

评论

[The Food I Love_ 下载链接1_](#)

书评
