Of Human Freedom

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著者:Epictetus

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In this personal and practical guide to moral self-improvement and living a good life, the second-century philosopher Epictetus tackles questions of freedom and imprisonment, stubbornness and fear, family, friendship and love, and leaves an intriguing document of daily life in the classical world. "Great Ideas": throughout history, some books have changed the world. They have transformed the way we see ourselves - and each other. They have inspired debate, dissent, war and revolution. They have enlightened, outraged, provoked and comforted. They have enriched lives - and destroyed them. Now Penguin brings you the works of the great thinkers, pioneers, radicals and visionaries whose ideas shook civilization and helped make us who we are.

作者介绍:

Epictetus (/pktits/; Greek: πκτητος; c. AD 55 – 135) was a Greek
speaking Stoic philosopher. He was born a slave at Hierapolis, Phrygia (present day

Pamukkale, Turkey), and lived in Rome until his banishment, when he went to Nicopolis in north-western Greece for the rest of his life. His teachings were written down and published by his pupil Arrian in his Discourses.

Epictetus taught that philosophy is a way of life and not just a theoretical discipline. To Epictetus, all external events are determined by fate, and are thus beyond our control; we should accept whatever happens calmly and dispassionately. However, individuals are responsible for their own actions, which they can examine and control through rigorous self-discipline.

目录:

标签

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评论

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