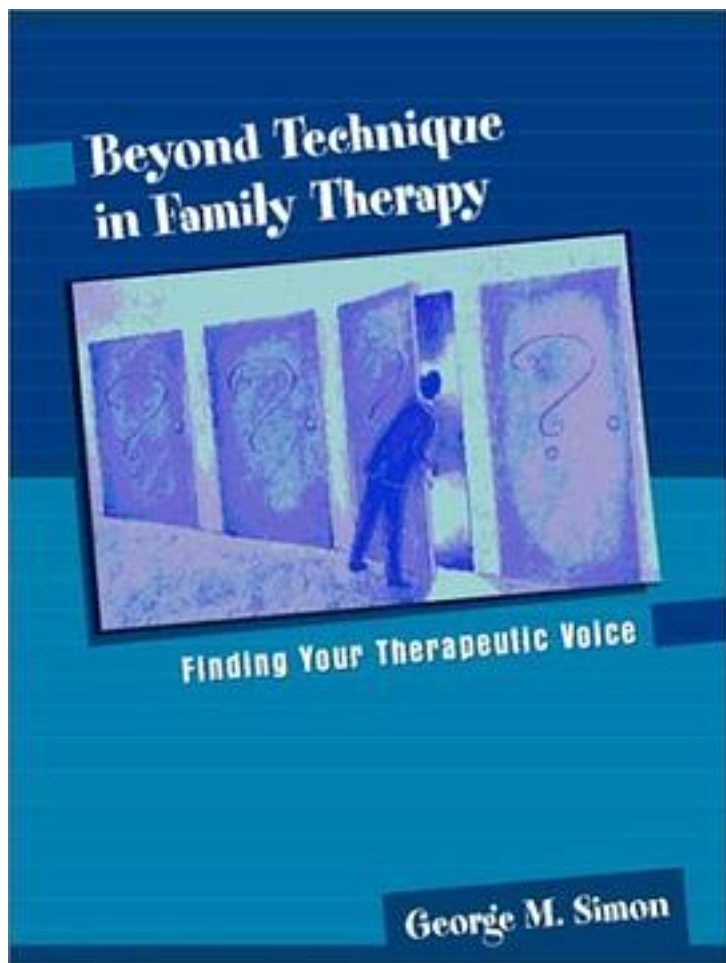


Beyond Technique in Family Therapy



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著者:George Simon

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Arguing against an eclectic approach to the practice of family therapy, Professor Simon urges students and therapists to find the one model of practice that best expresses their personal worldviews and values. In order to help therapists find their personal

models, the text exposes the particular view of the human condition that underlies each of the models of family therapy. It also leads readers through several guided reflections designed to help them become more aware of their own personal views of the human situation. By the end of the text, students will have found the therapeutic model that is most closely aligned with their deeply held values and worldviews. Having found their "therapeutic voice," students will then be able to approach practicing therapy as an exercise in genuine self-expression.

作者介绍:

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