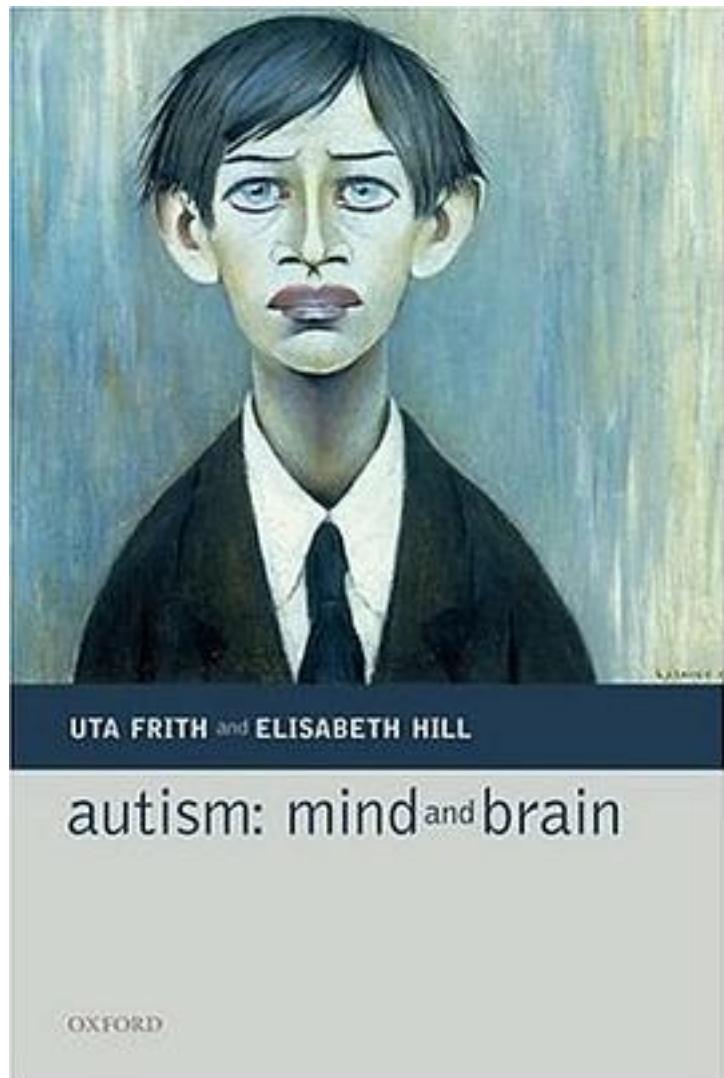


Autism



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Jonathan and Polly Tommey's eldest son, Billy, was diagnosed with severe autism at the age of two. Today, Billy is a high-functioning teenager - thanks to the determination of his parents to discover as much as possible about autism, its causes and potential treatments. They show through their own experience how it is possible to improve the quality of life for children with autism. The book will give parents the confidence and knowledge to tackle the problems they face and find solutions, treatments and educational options that will work for their child. In his quest to help his son, Jonathan trained as a nutritional therapist and now supports many individuals with ASD at his Autism Clinic. His expertise forms an important part of this book. Contents include: getting a diagnosis; the gut-brain connection; tests and treatments; the link with toxins; diet and nutrition; health and wellbeing; coping as a family; educational approaches; choosing a school; looking to the future; and a comprehensive resource section. Practical and positive, this book provides much needed support, advice and encouragement for parents of children on the autism spectrum.

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