

Darkness Visible



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In the summer of 1985 William Styron was overtaken by persistent insomnia and a troubling sense of malaise - the first signs of a deep depression that would engulf his life and leave him on the brink of suicide. *Darkness Visible* takes us on an unprecedented journey into the realm of madness. It is an intimate portrait of the agony of Styron's ordeal, as well as a probing look at an illness that affects millions but is still widely misunderstood. Through his remarkable candour and powers of description comes a true understanding of the anguish of a desperate mind. *Darkness Visible* is a bold and an ultimately uplifting exploration of depression's dark reality.

作者介绍:

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