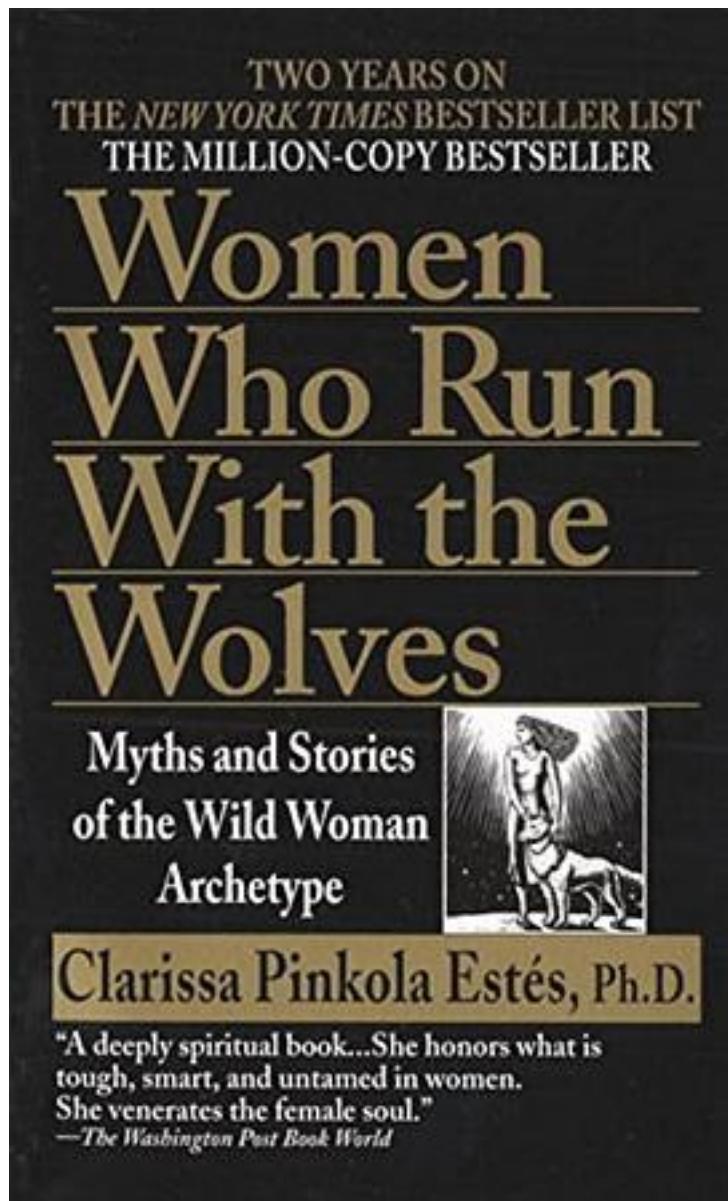


Women Who Run with the Wolves



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""Women Who Run With The Wolves" isn't just another book. It is a gift of profound insight, wisdom and love. An oracle from one who knows.' - Alice Walker. In the classic "Women Who Run With The Wolves", Clarissa Pinkola Estes tells us about the 'wild woman', the wise and ageless presence in the female psyche that gives women their creativity, energy and power. For centuries, the 'wild woman' has been repressed by a male-orientated value system which trivialises women's emotions. Using a combination of time-honoured stories and contemporary casework, Estes reveals that the 'wild woman' in us is innately healthy, passionate and wise. Thoughtfully written and compelling in its arguments, "Women Who Run With The Wolves" gives readers a new sense of direction, a self confidence and purpose in their lives.

作者介绍:

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心智修炼

评论

几年前和中文版一起读过了，英文版读起来像诗一样流畅。探索女性自我必看书籍。

这种关于女性关于心智修炼的书，如果不是Our shared bookshelf推荐，我是绝对不会拿起来读的，所以花了很长时间才读完。作者选择的小故事都很有趣，尤其是非洲的几个，特别迎合她的Jungian psychoanalytic theory。关于如何控制愤怒和嫉妒的讲述尤其精彩，我会愿意再去翻这本书，只是我不觉得所有女人都和狼有那么强的关联，并且可以那么强大，至少我不是，我一定是猫变来的～

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书评

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