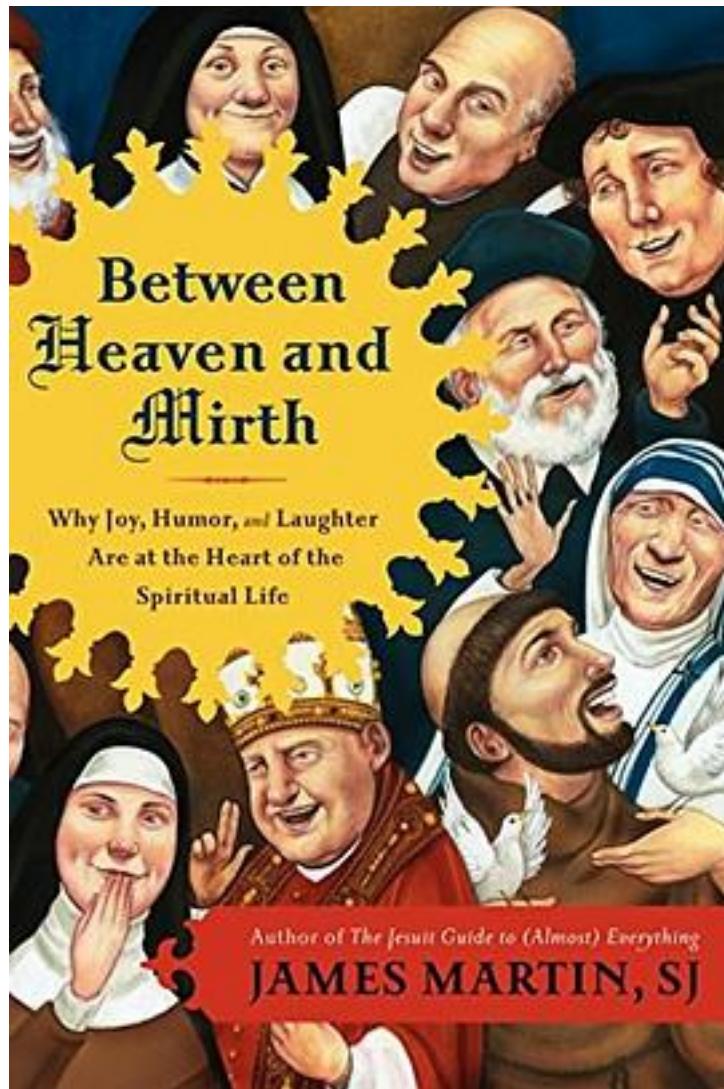


# Between Heaven and Mirth



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著者:James Martin

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In Between Heaven and Mirth , James Martin, SJ, assures us that God wants us to experience joy, to cultivate a sense of holy humor, and to laugh at life's absurdities—not to mention our own humanity. Father Martin invites believers to rediscover the importance of humor and laughter in our daily lives and to embrace an essential truth: faith leads to joy. Holy people are joyful people, says Father Martin, offering countless examples of healthy humor and purposeful levity in the stories of biblical heroes and heroines, and in the lives of the saints and the world's great spiritual masters. He shows us how the parables are often the stuff of comedy, and how the gospels reveal Jesus to be a man with a palpable sense of joy and even playfulness. In fact, Father Martin argues compellingly, thinking about a Jesus without a sense of humor may be close to heretical. Drawing on Scripture, sharing anecdotes from his experiences as a lifelong Catholic, a Jesuit for over twenty years, and a priest for more than ten, and including amusing and insightful sidebars, footnotes, and jokes, Father Martin illustrates how joy, humor, and laughter help us to live more spiritual lives, understand ourselves and others better, and more fully appreciate God's presence among us. Practical how-to advice helps us use humor to show our faith, embrace our humanity, put things into perspective, open our minds, speak truth, demonstrate courage, challenge power, learn hospitality, foster effective human relations, deepen our relationship with God, and ... enjoy ourselves. Inviting God to lighten our hearts, we can enjoy a little heaven on earth.

## 作者介绍:

Rev. James Martin, SJ, is a Jesuit priest, culture editor of America magazine, and bestselling author of *The Jesuit Guide to (Almost) Everything* and *My Life with the Saints*. A frequent commentator in the national and international media, Father Martin has appeared in such diverse outlets as *The Colbert Report*, NPR's *Fresh Air*, *The O'Reilly Factor*, and PBS's *Newshour*, as well as in the *New York Times*, *The Wall Street Journal*, and *The Huffington Post*. Before entering the Jesuits in 1988, Father Martin graduated from the Wharton School of Business.

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