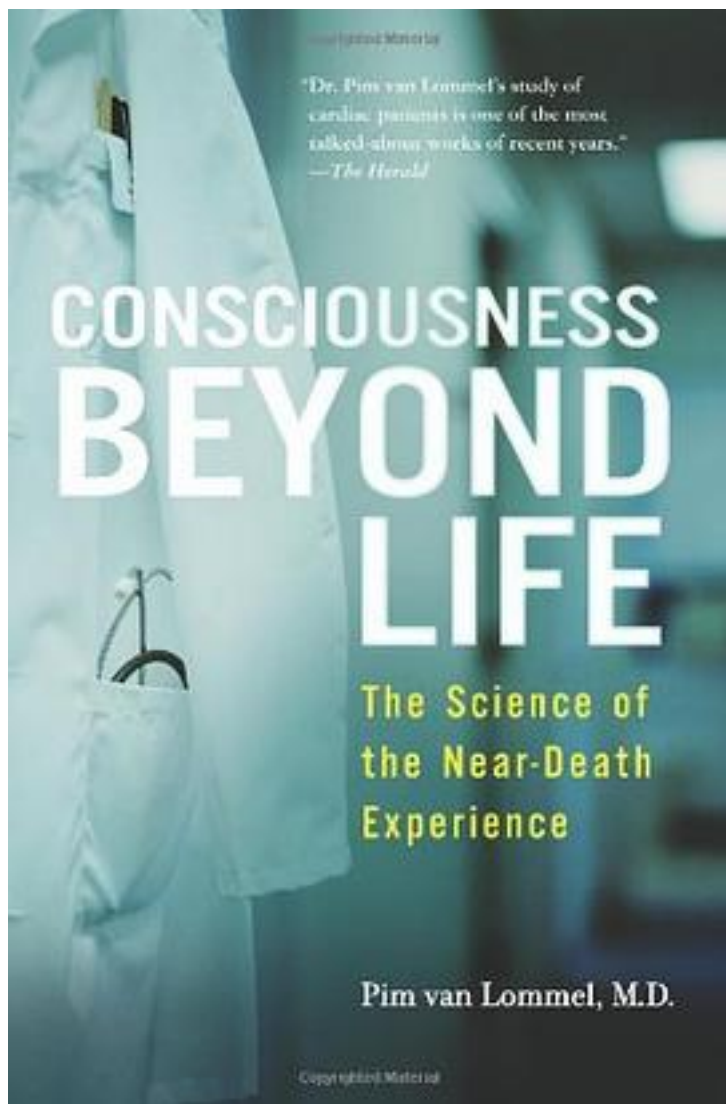


Consciousness Beyond Life



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As a cardiologist, Pim van Lommel was struck by the number of his patients who claimed to have near-death experiences as a result of their heart attacks. As a scientist, this was difficult for him to accept: Wouldn't it be scientifically irresponsible of him to ignore the evidence of these stories? Faced with this dilemma, van Lommel decided to design a research study to investigate the phenomenon under the controlled environment of a cluster of hospitals with a medically trained staff. For more than twenty years van Lommel systematically studied such near-death experiences in a wide variety of hospital patients who survived a cardiac arrest. In 2001, he and his fellow researchers published his study on near-death experiences in the renowned medical journal *The Lancet*. The article caused an international sensation as it was the first scientifically rigorous study of this phenomenon. Now available for the first time in English, van Lommel offers an in-depth presentation of his results and theories in this book that has already sold over 125,000 copies in Europe. Van Lommel provides scientific evidence that the near-death phenomenon is an authentic experience that cannot be attributed to imagination, psychosis, or oxygen deprivation. He further reveals that after such a profound experience, most patients' personalities undergo a permanent change. In van Lommel's opinion, the current views on the relationship between the brain and consciousness held by most physicians, philosophers, and psychologists are too narrow for a proper understanding of the phenomenon. In *Consciousness Beyond Life*, van Lommel shows that our consciousness does not always coincide with brain functions and that, remarkably and significantly, consciousness can even be experienced separate from the body.

作者介绍:

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标签

意识

濒死体验

广度

英文

脑

科普

神秘经验

生理

评论

NDE这样一种现象虽然不普遍，但已经挺广泛了，18%HA的苏醒者都有过类似经历。NDE经历者主要有以下几种情况：第一是离体体验，也就是所谓的OBE，这是知觉层面的。第二是全景式回忆，不再与万物隔开，这说明时空不存在于非物质世界，所以能够永恒。第三是预见性，能够看到自己以及亲人的未来。第四是遇见已故的亲人。第五是NDE的效应，当回到身体时，不再恐惧变得乐观，看很多事物都带着光亮。但也有负面效应，即家人认为这个人与原来的人并不是同一个人。这种nonlocality重新定义了reality，意识并未消亡，而只是转换。同时，年龄较小的患者出现NDE的经历概率更高，可能是意识与身体的联系较不紧密，这就很有柏拉图的味道了。关于将NDE当做缺氧的结果也站不住脚，因为大家都缺氧，没理由只有18%的人有经历。

第三本读完的外文书

除了有点啰嗦别的都很好

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书评

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