

# Ching's Everyday Easy Chinese



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著者:Ching-He Huang

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Enjoy fresh, simple, delicious, and satisfying Chinese food—including many takeout classics—without ever leaving home! With her trademark passion and deep appreciation for Chinese cooking, Cooking Channel star Ching-He Huang brings her

charm and expertise to an eager audience with this outstanding cookbook. Ching fuses Chinese and Western cultures to create one hundred quick dishes full of natural ingredients and bursting with flavor. Ching's Everyday Easy Chinese makes it simple for home cooks to prepare their favorite Chinese dishes faster, cheaper, and more healthfully than their local restaurant. Enjoy a diverse selection of favorite recipes for every occasion and taste, including: Traditional Hot and Sour Soup Five-Spice Salted Shrimp with Hot Cilantro Sauce Crispy Sweet Chili Beef Pancakes Kung Po Chicken Black Pepper Beef and Rainbow Vegetable Stir-Fry Singapore Noodles Egg and Asparagus Fried Rice Interspersed with entertaining personal stories and suggestions for exciting variations on classic recipes, Ching's Everyday Easy Chinese takes readers on a culinary journey that delightfully blends ancient and modern, yin and yang, experimentation and intuition—and ends with perfectly balanced and tantalizing fare that will inspire even the most stalwart takeout devotees.

作者介绍:

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## 标签

现居英国,

曾在BBC电视台主持节目,

她的名字叫黄瀨亿,

出生台湾,

介绍中华料理

cooking

## 评论

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