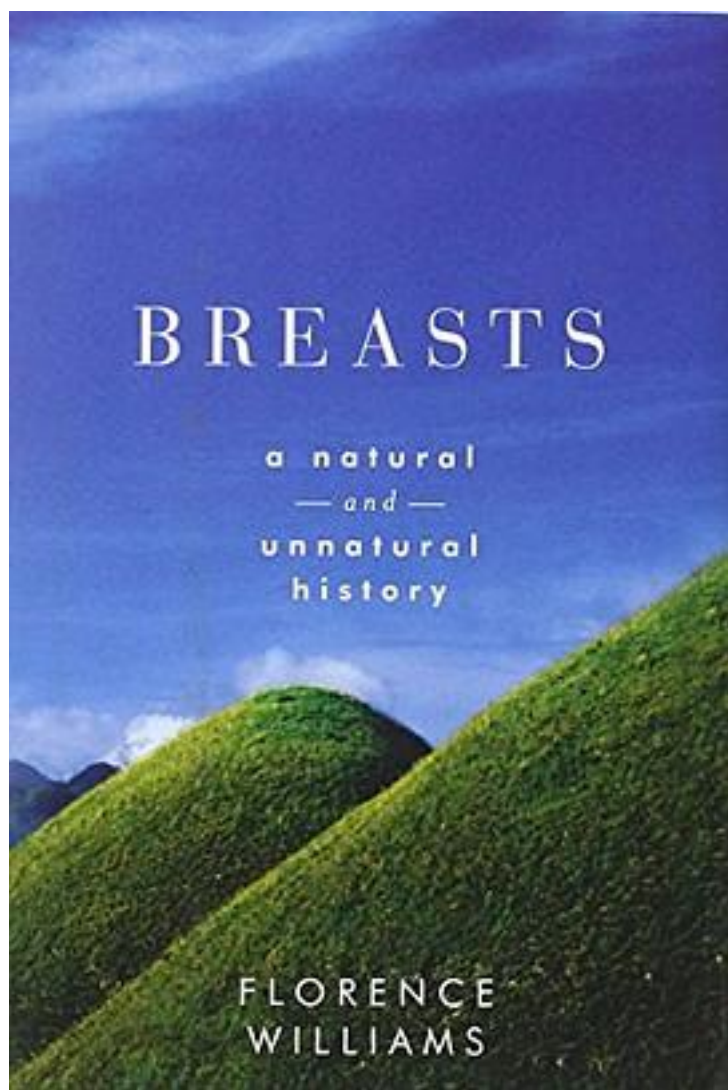


Breasts



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著者:Florence Williams

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Starred Review In her exceptional history, science journalist Williams does more to enlighten us on the virtues of, workings of, and perils to women's breasts than anyone ever has before, notwithstanding the efforts of the three H's: Hooters, Hefner, and Hughes (Howard, inventor of the cantilever bra). And she does it with smarts, sass, and intent. Her book can be characterized as an exposé because it unveils the scandalously scanty amount of research devoted to those that define the very essence of the human race. To be sure, Williams covers all the cultural and anthropological information that the mostly male scientific—and not-so-scientific—community has gathered about what is euphemistically referred to as second base. And she goes much further, elucidating the primary purpose of the female breast and how breasts alter at each stage of a woman's life, then venturing into breast enlargements, the chemistry of breast milk, how breasts are evolving, and how little we know about the effects of environmental toxins and the rise in breast cancer. Meant to nurture the next generation for life on planet earth, breasts are also humanity's first responders to environmental changes. And what have modern-day chemical exposures wrought? The answers to this question and many more are found in Williams' remarkably informative and compelling work of discovery. --Donna Chavez

Review

"Florence Williams's double-D talents as a reporter and writer lift this book high above the genre and separate it from the ranks of ordinary science writing. Breasts is illuminating, surprising, clever, important. Williams is an author to savor and look forward to." (Mary Roach)

"Be brave, buy this book, and withstand the giggles and sniggers of your friends. For here is a wonderful history, stretching across hundreds of millions of years, of an astonishingly complex part of the human body. Williams weaves together research on nutrition, cancer, psychology, and even structural engineering to create a fascinating portrait of the breast: that singular gland that gave us, as mammals, our very name." (Carl Zimmer, author of Parasite Rex and Evolution: The Triumph of an Idea)

"A wonderful and entertaining tour through the evolution, biology and cultural aspects of the organ that defines us as mammals!" (Susan Love, M.D., M.B.A., President of Dr. Susan Love Research Foundation)

"In her comprehensive 'environmental history' of the only human body part without its own medical specialty, ...Williams focuses on the importance of understanding breasts as more than sex objects...Williams puts hard data and personal history together with humor, creating an evenhanded cautionary tale that will both amuse and appall." (Publishers Weekly)

"Starred Review. ...exceptional history... with smarts, sass, and intent.... Meant to nurture the next generation for life on planet Earth, breasts are also humanity's first responders to environmental changes. And what have modern-day chemical exposures wrought? The answers to this question and many more are found in Williams' remarkably informative and compelling work of discovery." (Booklist)

作者介绍:

Florence Williams is a contributing editor at 'Outside' magazine, and her articles and essays have been widely anthologized. 'Breasts' was named a finalist for the 2011 Columbia/Nieman Lukas Work-in-Progress Award. Williams lives in Boulder,

Colorado.

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标签

乳房

社会学

Journalism

history

身体

英文原版

胸部

评论

前半部比較有趣, 後半太重複了

以历史的角度来谈关于乳房的各种话题，当然是以疾病、早熟、环境污染等问题为主啦。看完只记住了几个要点：1.我们已被污染，并通过乳汁污染下一代。2.女性早熟者女性疾病发病率高，饮食要清淡。3.男性受污染严重也会得乳癌

Modern medicine focuses more on ‘proven’ relationship between diseases and causes, while the book links potential threats to humans, particularly females and their offspring through lactating, with modern lifestyles and ‘improvements’ of living conditions. It also dives into future options with progresses in sciences. #Thanks to Shanghai Library

同事介绍的好书。乳房啊乳房，充满性暗示的器官，开启生命的器官，让人区别于其他灵长类的器官。滥用的塑化剂和其他毒素最终也汇聚在此，也许最终终结人类的也是它。不论男女其实都该看看。

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书评

「乳房必须随着每一次怀孕而一而再地建构和拆解，就像凯撒的军队在横跨高卢的战争时，不断地建造城市般的营地，再将它拆除。」
自由撰稿人弗洛伦斯·威廉姆斯长期关注环境、健康等主题，并为《纽约时报》等报刊撰稿。她的新作《乳房：一段自然与非自然的历史》，堪称《寂静的...

2008年1月，一名45岁的美国退伍海军士兵不小心撞到了自己的胸部，却感觉不太对劲。“我想一定是在打篮球时吃了拐子。”在妻子的督促下，他去医院挂号检查，却诊断出了第三期乳腺癌，癌细胞已经扩散到了淋巴组织。过去十年，美国每年约有20万例乳腺癌病例确诊，4万人因此去世...

新书出来后，每天都会下意识地搜好几遍书名，今天一眼看到《梅奥拯救乳房全书：乳腺癌抗癌权威指南》。跟它的权威性和不可替代性比起来，这本小粉书很窘迫。只有纽约时报和洛杉矶时报的背书，在某个宣传页面上，还因为出示不了盖章的获奖奖状而被要求撤下了这两行背书。...

给大家说个段子：某老板面试秘书，有三个女子来面试。老板故意在走廊上丢了一百块钱，一个女子看到了没有去捡，一个女子捡起来自己装了起来，一个女子捡起来了交给前台，请问老板选择了哪一个？答案是选择了胸大的那个。男性的猥琐，有时候就体现在这种赤裸裸的乳房歧视上。...

这是我在2012年根据英文版（W. W. Norton & Company版本）为《深圳特区报》写的书评：现代社会中，女性乳房这一自然的器官担任了多种角色，诸如幻想中心、文化符号、社会禁忌等等，负荷沉重，然而我们对乳房的生理作用、它对女性本身以及对下一代的正面和负面作用、以及环境...

《乳房》这本书的副标题，叫“一段自然与非自然的历史”，自然和非自然，其实对应的就是生物和社会这两方面。本期的解读，我们就聚焦在乳房这个人体器官，主要用“自然和社会协同进化”的视角，来理解现代生活如何改变我们的乳房。所以，首先我们会从自然及生物性的角度，看...

非诗意的乳房保卫战
关于乳房，历史上有过太多诗意的描述，比如法国作家勒南为所罗门宫廷舞女所写的“你的乳房就像一只圆圆的酒杯/盛满香气四溢的美酒”，或是民间流传的“乳房就像黎明的月亮”，乃至哲学家吕克·南希所思考的“乳房无所等待，无所许诺，无所交换...乳房的...

这是本科普类书籍，内容丰富、语言平实，完全意识不到这是译本，很好理解。推荐~
读这本书，我时常会震惊和怀疑。乳房真的那么脆弱，有那么多有毒物质侵入吗？作者
用一个个数据、一个个实验确定地回答我：是的，环境对你身体的影响远比你想象的要
大很多。我们对于乳房的了解进...

美国科普记者弗洛伦斯·威廉姆斯写了本书，叫做《乳房》，副标题是“一段自然与非
自然的历史”。2012~2013年先后拿了“纽约时报好书奖”等几个奖项。
我原本以为此书类似玛丽莲·亚隆的文化人类学著作。乳房的演进隐藏着的文化寓意？
西方艺术史对乳房的描绘如何折射时代观...

好看8，有料8。一本很有趣的乳房科普。记者写医学故事的范本，节奏略显拖沓。
作者给二孩哺乳时，读到一篇人类母乳中发现化工物质的报道，记者本性促使她刨根问
底，甚至去大学担任研究员和访问学者，研习细胞学、遗传学和内分泌学，最终写成此
书。很多场合下，谈论乳房是一种...

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