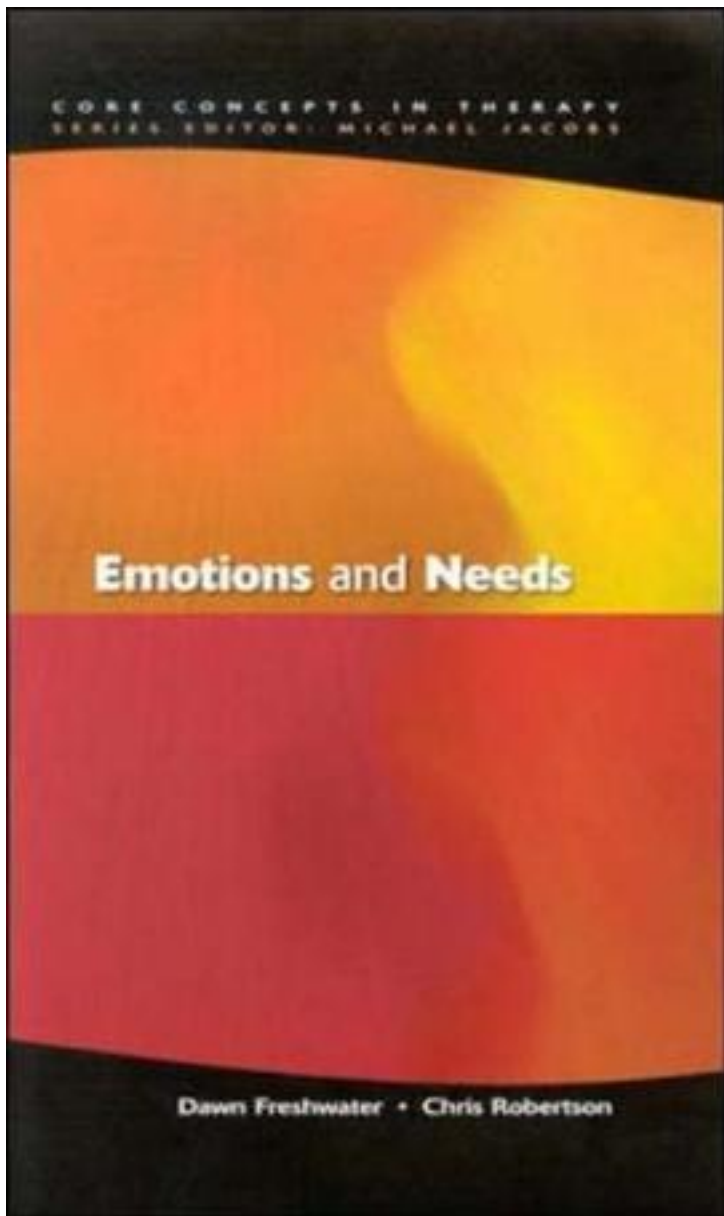


Emotions and Needs



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出版者:

出版时间:2002-1

装帧:

isbn:9780335208029

Through the centrality of the concepts of needs and emotions, this volume describes and discusses issues that are fundamental to psychotherapy. As an alternative to classifying modalities of psychotherapy (and the way in which they understand needs and emotions) by their author, era or underpinning philosophy, this book focuses instead on the emotional patterning of psychotherapy. The book explores need and emotion in relation to what patients bring to therapy and what subsequently facilitates effective engagement. Examining ways of understanding the manifestation of needs and emotions, the authors bring differing therapeutic schools of thought together in contemporary models of integrative psychotherapy which draw upon the transpersonal, postmodern and poststructural.

作者介绍:

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标签

心理学（应用）

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